

How it works

DsPH who are interested in participating in the scheme will be asked to complete a sign-up form indicating their preferences in a Mentor or Mentee respectively. Upon completion of a one day mentoring training session the Mentors will be matched to Mentees, taking preferences into account.

The Mentoring Relationship

Each full mentoring relationship is expected to take place over the period of one year, with a higher frequency of sessions at the beginning of that period.

Structure

Following matching the mentoring relationship is expected to proceed as follows:

- Introductory chat (15 min phone call)
- Contracting meeting
- Five follow up sessions

Format

The sessions may be arranged face-to-face or remotely depending on participants' preferences, though we would suggest the initial meeting should be face-to-face. Where travel is required Mentees would be expected to travel to a Mentor's preferred location.

Mentors

Mentors would be supporting new in post or interim/acting DsPH with the expectation that they would participate in the scheme for a minimum of two years and support up to two Mentees each year.

Training

Mentors would receive a one day training, delivered by an experienced mentoring trainer, and would subsequently be invited to a one day annual refresher session to review methods and share experience. In addition, Mentors would have access to resources and reading materials through our e-forums.

Benefits

Becoming a Mentor will help you to:

- Play an active role in developing the next generation of DsPH
- Reflect on your own practice
- Build on your leadership skills
- Expand your perspectives
- Pass on your experience and enhance both your professional and personal satisfaction

Eligibility

Full ADPH members with at least three years of experience in a substantive DPH post.

Mentees

Mentees would gain access to a more experienced DPH colleague through a structured but informal mentoring scheme. The mentoring support would initially focus on resolving short to medium term challenges a Mentee may have in the context of the DPH role and would also be of benefit to the Mentee if he/she were facing any specific challenges.

All Mentors participating in the scheme will have had at least three years of experience in a substantive DPH role and would have completed a one-day training session on mentoring with elements of coaching.

Benefits

A Mentor could help you to:

- Gain impartial advice and encouragement
- Reflect on your practice
- Hone your problem-solving skills
- Expand your knowledge
- Improve your communication skills

Eligibility

Full ADPH members who have at most two years of experience in a substantive DPH post or who are in interim/acting DPH post.



How to enrol

If you would like to know more about the Mentoring Scheme or if you'd like to enrol as either a Mentee or a Mentor, please contact lucia.lucas@adph.org.uk.

ADPH Mentoring Scheme

Support for Directors of Public Health

In collaboration with PHE, ADPH have recently launched a mentoring scheme. The scheme aims to offer DsPH who are relatively new in post and in interim/acting positions, support and guidance from colleagues who have had more experience in a substantive DPH role.

The scheme aims to connect individuals in similar positions across the nation allowing the participants to tap into the wealth of experience of the colleagues who might have faced similar challenges in recent past.



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