

## **A summary of the initiative**

CGL completed a Nyxoid (Nasal Naloxone) pilot which ran from Aug 2019 to Jan 2020, amongst the selected sites where our 2 local Prison Establishments. Prior to this, CGL offered training inhouse to service users in both the community and custodial setting and delivered a Take Home Naloxone program.

The training delivered previously, supported the education around Prenoxad (injectable Naloxone). Both packages covered harm reduction advice, how to respond to a drug related overdose, basic Life Support, dispelling myths, reducing stigma, and how to assemble and administer Prenoxad. With the approach being **“how to be a hero and saves someone’s life!”** Naloxone training delivered to the men in custody enabled service users to be issued with kits on release. Whilst our community team offered the kits to be issued in house on the same day as the training is delivered.

The pilot enabled our service users to be given a **choice** in what formulation they desired.

The success of the Pilot in the Prison Establishment supported the continuation to roll out the offer into our community setting to good effect and a natural momentum occurred which works well to date

## **Who have you worked with and how?**

At the initial start of the pilot there was an occasion in which Nyxoid was used to respond to an overdose situation in the custody setting to good effect and helped to save someone’s life. CGL had been requested to respond to the emergency by primary healthcare. On the back of this it was highlighted that Primary Healthcare did not carry Naloxone in their emergency bags and it was this department that functioned 24 hr care and was responsible for attending to all emergency situations. CGL extended our training offer to all the Primary healthcare team and developed a system in which we supported ensuring all emergency bags have Naloxone available to aid future situations. The training was received well and to date the kits are used effectively to help support and reduce drug related deaths.

Both the Primary Healthcare Team and all the Prisons teams have supported CGL in the roll out of the training and supported the kits being given on release inside the Establishment. Conversations with Security Governors and Drug strategy Leads took place prior and any obstacles that we faced were discussed openly and transparently with the intention of finding seamless pathways and solutions.

Great partnership working between all 3 agencies has been a key to the effectiveness and the success of our Naloxone Pathways.

## **How you set it up – including any challenges and how you overcame them?**

Pre-Pilot training was given to the chosen sites and delivered by Peter Furlong CGL's, Harm Reduction Lead & Development Manager. Challenges along the way included working out effective strategies for delivering the take home kits to the gate in the

prison. These were overcome by the effective joined up working with CGL, Prison Governors and the Drug Strategy Leads. Having all our frontline CGL staff both clinical and psychosocial trained all aided overcoming barriers, reducing stigma and supported the Take Home Naloxone offer not to mention aided availability and accessibility to kits for trained staff to be able to administer in a lifesaving situation.

During the pandemic CGL needed to be dynamic in their approach. Limitations in face to face working in the Community setting not to mention the Government imposed lockdowns increased the fear of a rise in drug related deaths. Like most agencies new ways of working were explored. The education around Naloxone delivery and accessibility was more apparent than ever. We needed a way of delivering the Naloxone message to our partner agencies and in turn CGL found the solution:

- Outreach workers delivered kits and training to our service users' homes
- keyworkers increased their conversations around naloxone and ensured all previously issued kits were still within their expiry dates.
- Old kits were replenished.
- A training program was delivered on teams which consisted of the same full educational package offered face to face, but with the added benefit of service user testimonials, video demonstrations of BLS and the steps to follow when encountering a drug related overdose. Videos on how to respond to an overdose situation and how to administer both Prenoxad and Nasal Naloxone were shown across TEAMS followed by a quiz to demonstrate competency.
- Remote Teams' education actually worked in our favour and allowed us to deliver the training package across to multiple partner agencies in the community and to our wider CGL prison Establishments.
- After successful completion of training kits were issued for agencies to hold in their projects and to be accessible to use in a lifesaving moment!

### **Any outcomes achieved?**

- The Primary Healthcare Service (Nurses of all banding levels/HCA's/Healthcare management/Pharmacists/Pharmacy Technicians/ in 2 Prisons were All trained in the use of both Injectable and Nasal Naloxone and now carry these kits in their emergency bags to assist in overdose situations. The training was delivered by Peter Furlong Harm Reduction Lead & Development Manager & Kelly Kennedy (Cluster Lead Nurse)
- Findings from the initiative suggested that there was a cohort of people we needed to reach which would enable us to extend knowledge and education, in order to save more lives and reduce drug related deaths- During COVID community agencies were contacted and the training completed with refresher training offered as and when needed.
- On the completion of the pilot the data concluded an increase shown in the Prisons distribution since the proposal as oppose to only having injectable on offer.
- The Community Drugs Team also saw a rise in the distribution of Naloxone since being offered a choice of formulation. We had found that there were a cohort of service users who had initially refused a Naloxone intervention due to not wanting to be associated with needles and this allowed us to revisit the cohort who hadn't initially taken up the offer

- All CGL staff members regardless of discipline is given the Naloxone training as part of their induction package. Named Naloxone Champions in the Community setting works effectively on the overseeing of stock and expiry date checks along with our clinical teams overseeing the orders for issues out.
- In 2022 Kelly Kennedy was nominated for the HMPPS Partner award by the Drug Strategy Governor at HMP Risley and CGL Prisons Manager Sandra Dutton for the work around the Naloxone training program and for being the first person to administer Nasal Naloxone in any UK Prison Establishment. Kelly won the overall Category and was presented with The Greater Manchester, Mersey, and Cheshire Regional Award