

Remote access/face to face learning opportunities

NEW 1 Sept 2026	What does the public think about social care? Social care is currently at the centre of political debate. With prime minister Andy Burnham committed to reform and the Casey Commission launching its <i>Big Conversation on Care</i> , there is renewed attention on the future of social care in England.	12:00-13:15 Online	Register here
NEW 7 Sept 2026	NHS Trust and Primary Care staff : Oliver McGowan Tier 1 : Training delivered by Sunderland People First. The training is co-delivered by approved trainers with a learning disability, autistic trainers and a facilitating trainer from Sunderland People First who are part of Good Life Collaborative. The training may be difficult and upsetting. We will talk about death, trauma, mental and physical illness, system failures, and inequalities faced by autistic people and people with a learning disability. To receive your certificate: **You must** have completed the Tier 1: Part 1 e-Learning for healthcare module before joining the webinar.	12:00-13:00 Online	Contact ommt@sunderlandpeoplefirst.com

Public Health CPD Calendar 2026

NEW 7 Sept 2026	The Oliver McGowan Mandatory Training: Tier 2 In-person - NHS Staff Only delivered by D.A.D in Darlington Oliver McGowan Mandatory Training on Learning Disability and Autism Tier 2 is co-delivered by approved trainers with a learning disability, autism and a facilitating trainer from Darlington Association on Disability. This session is for NHS Staff Only You may find the training content difficult and upsetting. It contains material that mentions death, trauma, mental and physical illness, system failures, and inequalities faced by autistic people and people with a learning disability.	09:30-16:00 Tandem and Tandem Hub DL1 4PJ	Contact ommt@sunderlandpeoplefirst.com
NEW 8 Sept 2026	What does the public think about social care? Social care is currently at the centre of political debate. With prime minister Andy Burnham committed to reform and the Casey Commission launching its <i>Big Conversation on Care</i>, there is renewed attention on the future of social care in England.	12:00-13:15 Online	Register here
NEW 9 Sept 2026	Poverty Awareness Poverty Awareness Training provides participants with a foundational understanding of poverty, exploring it as a complex and multifaceted concept. The course raises awareness of who is affected by poverty and looks at the root causes and far-reaching consequences, including how it influences decision-making. Participants will also examine the strong connection between poverty and health, gaining insight into how socioeconomic status impacts physical and mental well-being. The session encourages reflection on personal and professional responsibilities, empowering individuals to consider practical steps they can take to make a positive difference.	12:00-13:00 Online	Contact lesley.barron@children-ne.org.uk

Public Health CPD Calendar 2026

NEW 14 Sept 2026	Health literacy: what it is and why it matters (healthcare) In our work, we share important information every day — in conversations, letters, leaflets, texts, websites and signs. We may think that this information is clear. But for many people, it may not be. What problems does this cause? And what can we do about it? This introduction to health literacy will look at some of the answers to these questions. You'll find out what health literacy is and why it is important. We'll talk about how it affects people and organisations across the health and care sector. We'll look at how improving health literacy can make it easier for everyone manage their health and wellbeing. There are 2 versions of this training. This one is aimed at staff who work in healthcare-based roles or environments (for example, clinicians and other NHS staff).	13:00-14:00 Online	Contact yoyo.kwan@healthinnovationnenc.org.uk
NEW 14 Sept 2026	Health literacy: how to write simply (healthcare) In our work, we share important information every day — in conversations, letters, leaflets, texts, websites and signs. We may think that this information is clear. But for many people, it may not be. What problems does this cause? And what can we do about it? This introduction to health literacy will look at some of the answers to these questions. You'll find out what health literacy is and why it is important. We'll talk about how it affects people and organisations across the health and care sector. We'll look at how improving health literacy can make it easier for everyone manage their health and wellbeing.	14:30-15:30 Online	Contact kia.thomas@healthinnovationnenc.org.uk

Public Health CPD Calendar 2026

	There are 2 versions of this training. This one is aimed at staff who work in healthcare-based roles or environments (for example, clinicians and other NHS staff).		
NEW 16 Sept 2026	Turning ambition into action: Decarbonising health and social care locally Local authorities play a critical role in tackling the climate emergency, particularly through their influence across health and social care systems. As demand for services grow and pressures on budgets intensify, there is an increasing need to deliver sustainable, low-carbon care that improves outcomes for communities while reducing environmental impact. Participants will hear from peers, share insights, and discuss challenges and enablers to driving change at a local level. The session will provide a valuable space to highlight on-the-ground delivery, with a focus on actionable solutions.	10:00-11:30 Online	Register here
17 Sept 2026	Poverty: Stigma & Unconscious Bias This course explores the realities of poverty and the impact that stigma and unconscious bias can have on individuals, communities and health outcomes. Designed for healthcare professionals and support staff, the training provides a practical introduction to understanding poverty, its causes and the challenges faced by people experiencing financial hardship.	12:00-13:00	Contact julie.pike@children-ne.org.uk
17 Sept 2026	<u>Health Inequalities and Core20Plus5 for Neighbourhood Health Workers</u>		Register here

Public Health CPD Calendar 2026

21 Sept 2026	Writing for health literacy: beyond the basics – 3.5 hours This intensive half-day course builds on the Regional Health Literacy Team's basic training courses. It is aimed at people who write information for the public as part of their jobs, especially information that's related to things that affect people's health and wellbeing. We will go into detail about how you can write more simply and clearly. We'll include exercises to help you put the lessons into practice. Note: you should complete our "Health Literacy: how to write simply" course before coming to Beyond the Basics. If you aren't able to attend any of the sessions available on Boost, please email us for other options.	09:30-13:00 Health Innovation North East North Cumbria, 1 Citygate, Newcastle-upon-Tyne	Enquiries to kia.thomas@healthinnovationnenc.org.uk or yoyo.kwan@healthinnovationnenc.org.uk
NEW 22 Sept 2026	A new service for public health data – update webinar The Fingertips public health data tool is being replaced in 2026/2027 with a new public health data service. You can find more information on the project on the Fingertips new service updates page. From 1 September, we will also be holding regular webinars to give users the opportunity to hear about progress on the new service.	11:00-12:00 Online	Register here
24 Sept 2026	MECC and Financial Wellbeing The course will provide you with information about MECC and financial wellbeing, how to help someone using behaviour change techniques and become more aware of what local signposting opportunities exist.	10:00-12:00 City Hall Committee Room 2 SR1 3AA	Contact julie.egan@sunderland.gov.uk

Public Health CPD Calendar 2026

NEW 25 Sept 2026	MECC Awareness Training MECC training enables staff to understand how MECC fits into their role and to interact with an awareness of core elements of MECC such as smoking, healthy weight, alcohol. This is underpinned with advice on current guidance to follow a healthy lifestyle then follows advice on how to start a conversation on health enabling a member of staff to provide information on local services of support.	13:00-14:00 Online	Contact anit.joymon@nhs.net
NEW 28 Sept 2026	Diploma in Occupational Medicine - Autumn Course 2026 This Faculty of Occupational Medicine (FOM) approved Diploma in Occupational Medicine course will prepare you to take the Diploma in Occupational Medicine's written examination and the oral examination based on a portfolio. Designed exclusively for doctors, this course offers targeted support to help you succeed in the Diploma exam and develop your practice as a physician working in Occupational Health. You'll also receive personalised help in securing vital shadowing opportunities – an essential step in gaining real world experience and improving exam success. <i>Please note: this is an online course operating between Monday 28 September to Friday 9 October, 9am to 5pm GMT. You must attend this course live – lectures cannot be recorded and watched later.</i>	09:00-17:00 Online	Register here

Public Health CPD Calendar 2026

NEW 28 Sept 2026	MECC - Warm Healthy Home This training looks at Warm Healthy Homes: : Damp and mould Affordable Warmth Carbon Monoxide Sunderland has nearly 20,000 households in fuel poverty and nearly 30% of children in relative poverty. Damp and moulds homes can cause a serious health risk to occupiers, causing both mental and physically health issues. With the increasing cost of energy and rising living costs, households are experiencing a lot of strain on their families and homes. This course will help frontline workers understand what damp and mould is, how to identify it, and what effects it has on people. As well as looking at other dangers in the home such as under heating and carbon monoxide. This training will give the frontline workers knowledge and confidence to help them assist their clients, and highlight the advice and support that is out there.	10:00-12:00 Online	Contact julia.bentley@groundwork.org.uk
NEW 29 Sept 2026	The hospital of the future: designing for a changing NHS The next generation of NHS hospitals will be far more than simply new buildings. They will influence how patients experience care, how staff work, how services connect with communities and how the NHS responds to future challenges.	12:00-13:00 Online	Register here

Public Health CPD Calendar 2026

NEW 29 Sept 2026	NIHR Fellowship support for Doctoral and Postdoctoral Awards (Webinar) Together, the Specialist Centre for Public Health and the Specialist Centre for Social Care are hosting this webinar to offer information, advice and support for individuals working in local authorities, or a voluntary sector organisation, working in public health or social care, who are interested in or have begun to apply for a NIHR Doctoral or Postdoctoral Award.	12:00-13:00 Online	Register here
NEW 29 Sept 2026	Health literacy: speaking skills Do you speak with members of the public as part of your job? Do you ever wonder how well they understand and remember what you tell them? This session will give you tips and techniques for making your conversations more effective. We'll look at how you can make sure that people leave those conversations with a better understanding of what you've talked about, and how this can help people look after their health and wellbeing.	10:00-11:00 Online	Contact yoyo.kwan@healthinnovationnenc.org.uk
NEW 13 Oct 2026	Creative Public Health: mobilising community assets to tackle health inequalities In August and September, Perspectives in Public Health are releasing two special edition journals on The Role of Creative Health in Public Health, guest edited by Arts Council England and the National Centre for Creative Health. To celebrate the launch of these special editions, we would like to invite you to join us for this webinar on Creative Public Health. Here, we will be joined by researchers from Mobilising Community Assets to Tackle Health Inequalities - a programme which explores how collaborative community, cultural and nature-based activities can improve health inequalities across the UK.	13:00-14:00 Online	Register here

Public Health CPD Calendar 2026

NEW 15 Oct 2026	AI in the NHS 2026 2026 is set to be a pivotal year for AI in the NHS, with important national strategies and regulatory reforms expected that will impact what kinds of technologies get used and how the health service adopts and oversees them. But turning the vision of an AI-enabled health system into reality won't be straightforward. Our third annual AI event will bring together stakeholders from across the NHS, government, industry, academia and the charity sector to consider how the NHS can responsibly, safely and effectively implement AI at scale.	10:00-17:00 Online	Register here
15 Oct 2026	Health literacy: Train the Trainer – 5 hours This Train the Trainer programme will give you the knowledge and skills to deliver health literacy training in your organisation. Note: you need to have completed "Health literacy: what it is and why it matters" and "Health literacy: how to write simply" before taking this course.	10:00-15:00 Health Innovation North East North Cumbria, 1 Citygate, Newcastle-upon-Tyne	Enquiries to kia.thomas@healthinnovationnenc.org.uk or yoyo.kwan@healthinnovationnenc.org.uk
NEW 28 Oct 2026	Practical Water Outbreak Management and Clinical and Environmental Surveillance in Healthcare This talk will discuss the management of healthcare associated water incidents including investigations, control measures and communication strategies. It will also discuss the role of clinical and microbiological surveillance to enable rapid detection.	13:00-14:00 Online	Register here

Public Health CPD Calendar 2026

NEW 2 Nov 2026	From understanding to action: Reducing stigma, addressing trauma and improving outcomes for women, families and communities Overview Examining how stigma, trauma and disadvantage shape people's lives - and what we can do differently to improve outcomes. About the conference Join leading researchers, policymakers, practitioners and experts-by-experience from across the region for a powerful one-day conference exploring some of the most pressing challenges facing women, families and marginalised communities. This unique practice improvement event will bring together national speakers with regional leaders in research, public health, social care and community organisations to examine how stigma, trauma and disadvantage shape people's lives - and what we can do differently to improve outcomes.	09:00-16:00 The Catalyst, 3 Science Square, Newcastle Helix, NE4 5TG	Register here
17-18 Nov 2026	The King's Fund Annual Conference 2026: good health for all 2026 conference will once again bring together leaders from across the health and care system to explore the major challenges and opportunities facing the sector.		Register here

Public Health CPD Calendar 2026

NEW 25 Nov 2026 & 2 Dec 2026	Train the Trainer: MECC for Mental Health, Physical Activity and Menopause Making Every Contact Count uses everyday conversations to encourage healthy behaviour change around topics like mental health, physical activity and menopause. This training is suitable for anyone working in delivering training for neighbourhood health and wellbeing roles, such as independent trainers, education, local authorities, third sector organisations, charities, health and wellbeing organisations, healthcare and more. Please contact us if you would like more information about the suitability of this training for your role. The train the trainer is delivered over two days of online training, live with one of our expert trainers, 9:30am-5pm. Once completed, you will need to register as a provider of RSPH MECC training to be accredited and supported by our training team.	09:00-17:00 Online	Register here
NEW 26 Nov 2026	Common challenges and policy responses: international lessons for the NHS The NHS in England is under huge pressure. Health needs are growing as more people live longer and with major health conditions. Staff are under significant strain. Funding increases are modest by historic standards and productivity remains below pre-pandemic levels. Meanwhile the outlook for the UK economy is weak and the public finances are stretched, leading some commentators to question the NHS's long-term sustainability. AI and new technology offer opportunities for health and care, but also challenges for policymakers seeking to harness and regulate them	10:00-17:00 Online	Register here

Public Health CPD Calendar 2026

NEW 13 Apr 2027	The King's Fund Annual Leadership and Workforce Summit 2027 Register your interest for The King's Fund Annual Leadership Workforce Summit 2027, taking place on 13th April 2027.		Register here
	The HCP Internship Programme North East North Cumbria The HCP Internship Programme applications open on the 1st of September. The programme funds research internships for registered health and care professionals in the North East and North Cumbria.		Applicants are encouraged to join our webinar on the 9th of September for more information: https://tinyurl.com/366n3whr Contact: nhrp.academy@newcastle.ac.uk
	The North East Public Health Workforce Development online resource showcases the main public health workforce development programmes available across the North East, bringing together information on apprenticeships, professional development, leadership programmes and other learning opportunities in one place. Whether you are an individual looking to develop your career or a manager seeking development opportunities for your team, this guide will help you identify the support available and further information where needed. This resource has been developed by the 'North East Public Health Workforce Development Group'.		North East Public Health Workforce Development - July 26
	Health literacy training – courses and dates These free sessions are available to people working in the health and care sector in the region. They are aimed at anyone who is interested in how we can communicate more clearly with the public to improve health and wellbeing.		More information here

	NIHR INSIGHT (North East & North Cumbria) Research Masters This funded Master's programme aims to attract more nurses, midwives, allied health professionals and other registered health professionals, public health and social care practitioner academics into research early in their careers.		For more information click here
	Making Every Contact Count (MECC) eLearning for North East and North Cumbria An eLearning package to support you to implement MECC across your organisation and for staff or volunteers. The lesson has been specifically tailored for the North East and North Cumbria and is freely available via the Boost Learning Academy The MECC module is designed with three lessons that can be accessed and completed with 3 x 20 minute micro sessions that cover: • Introduction to MECC • Behaviour Change and MECC Conversations • Practical MECC Skills and Benefits You must complete the modules in the order listed and this course is ideal for those that have previously been unable to access the face to face or virtual Core MECC offer.		The course is accessible to all relevant staff and volunteers in North East and North Cumbria region. The Core MECC offer should still be offered to those staff or volunteers in key positions who have a greater opportunity to use MECC in practice which will enable your organisation to target a local training offer to support your capacity.

	For UKPHR registered folk (or other allied health professional registration). Internship aim: The internship aims to support qualified and registered health and care professionals (HCPs) to develop their understanding and skills in research, that can be applied in ways to improve the lives of the people across our region. Internship offer: The internship will offer HCPs an opportunity to develop a tailored learning and development programme with the support of a mentor/supervisor. This will be completed in a 9-month period with a £10k award. Personalised learning and development plan: The internship is designed to support a wide range of research related activities through a personal learning and development plan, designed by the intern themselves. A personalised internship plan may include but is not limited to research training, contributing to research delivery in your organisation, developing research culture in your team or organisation, or taking a step toward to becoming a HCP research leader or clinical academic. Our updated webpage is available here: NIHR North East and North Cumbria Health and Care Professionals Internship Programme		
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The Learning Academy

The [learning academy](#) is open to everyone working or volunteering in the North East and North Cumbria health and care system. This includes people working in the NHS, local authorities, public health, the voluntary sector, private care providers, and more.

It offers a wide range of learning opportunities from leadership and improvement courses to programmes on health inequalities and prevention across topics such as alcohol, tobacco, mental health, poverty and more. Plus, there's the opportunity to connect and learn together with like-minded people from across the region.

You will have your own individual account which will store your learning record, keep your certificates safe and help you plan other learning that you are interested in.

Examples of available learning

Leading together: creating solutions through system leadership - North East and Yorkshire Leadership Academy (NEYLA)

This consists of five concise, stand-alone masterclasses, tailored for individuals whose work involves collaboration across teams, organisations, or system boundaries. See [here](#) for further details and registration. **Nb. Local Authority colleagues are eligible to attend and should use the 'other' category for their organisation.**

Oliver McGowan Training on Learning Disability and Autism. [Oliver's Training](#) is the government's preferred and recommended programme. Those working in the North East and North Cumbria can now access this training which is mandatory for staff in CQC regulated services but also supports the ambition to upskill the wider health and care workforce to provide appropriately adjusted care for people with a learning disability and autistic people to reduce health inequality.

Building our anti-racist commitment

As part of our ongoing anti-racist commitment in the North East and Yorkshire region, the ICB has recently launched an Anti-Racism Hub on the Boost Learning Academy.

This hub is a free, accessible to all and designed to provide colleagues across the system with the resources, knowledge, and practical tools to actively challenge racism and promote equity in the workplace.

Within the hub, you'll find a wide range of toolkits, training videos, frameworks, and practical guides. These are designed not just for awareness, but to help us all take meaningful, informed action.

To highlight just a few:

- [Managers' guidance for dealing with a racist incident](#) – practical steps to support managers in responding effectively.
- [Being an Ally toolkit](#)
- [Developing a collective understanding of racism and discrimination](#)
- [Bystander toolkit](#) – practical guidance for bystanders who witness racism
- [How to report a hate crime](#) – clear guidance on routes for reporting and accessing support

NIHR RSS Specialist Centre for Public Health – catch up on previous research webinars

[Writing a grant application](#)

[Introduction to research methods](#)

[Public and community involvement](#)

[Introduction to qualitative methods](#)

[Evaluating public and community involvement](#)

[How do we use lived experience to create research?](#)

[Introduction to health economics](#)

Understanding Mental Health Research – free NIHR e-learning Course

Are you working in public health, mental health, or primary care and want to build your confidence in shaping and delivering impactful research? This free e-learning module from NIHR is designed to develop your knowledge and skills in public mental health research. Whether you're new to research or looking to take your ideas further, this course offers practical guidance and inspiration.

What you'll gain:

- A deeper understanding of why evidence matters in public mental health commissioning, policy, and practice
- Increase your knowledge of public mental health research and project development
- Confidence to shape research priorities, generate ideas, design studies, and seek funding
- A shared vision for tackling public mental health challenges collaboratively across disciplines

Course structure:

5 interactive sessions with self-testing questions and links to further resources.

Sessions 1–3: Introductions to public mental health research, research development, and study design.

Sessions 4–5: Practical guides to writing a research proposal and applying for funding — ideal if you already have a research question in mind.

Each session can be completed independently, with the full course taking around 5 hours.

The E-Learning module is available through NIHR learn. You can access the course using this link:

<https://learn.nihr.ac.uk/course/view.php?id=1322>

You will need to create an NIHR Learn account to access and enrol onto the course.

Public Health Intelligence Online ([PHI/Online](#)) from the Office for Health Improvement and Disparities (OHID) brings together the public health intelligence community of England to connect with their Local Knowledge and Intelligence Service and the wider public health intelligence (PHI) community, discover the resources open to them and learn and develop their analytical skills.

PHI/Online aims to become a one-stop-resource for public health intelligence content, including:

- News and events
- Training
- National discussion forum
- Tools and resources
- Regional areas for local resources and local discussion

If you are not already registered with FutureNHS you will be required to sign up and then navigate to the Public Health Intelligence Online workspace. By joining this group, you will be added to the LKIS national member database held centrally by LKIS. This database is used as a secondary resource to send out information on events, updates and training opportunities related to LKIS and other related stakeholders. If you do not wish to be part of this list, please email LKISNorthEastandYorkshire@dhsc.gov.uk

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services.

Population Health Academy

The Population Health Academy on [FutureNHS](#) is for anyone using data and insights to improve patient care, drive collaboration and prioritise prevention through place-based partnerships and integrated neighbourhood teams.

A suite of PHM communications assets is now available to help systems promote local and national eLearning offers.

These [assets](#) bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework **‘Know, Connect, Prevent’**, a short explainer film **PHM: proactive, targeted healthcare for your community** and three short films showing ‘what PHM means to me’ as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

Health Protection modules now available: Fundamentals of Health Protection

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

Key audiences for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following [link](#) for more information.

All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are currently e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing
- giving children the best start in life
- health disparities and health inequalities
- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

A new social care e-learning resource has been designed to promote ten public health tips that can be used by the adult social care workforce to maximise their public health impact in improving population health and reducing health inequalities. Please click [here](#) to access it.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.
<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

Public Health CPD Calendar 2024

Recordings from a **Health Inequalities Webinar series** from South West Population and Public Health Academy are available to colleagues.

The 2024 and 2025 series have included:

- Self-harm
- Childhood obesity
- Health Visitors
- Healthy Weight
- Planning and Health
- Fuel Poverty
- Liver Disease
- Anchors in Policing

There is also a **South West Behavioural Science Hub** which includes webinars to introduce you to behavioural science, understand the models and concepts and how they can be applied in practice.

The target audience for these webinars is anyone working in the health and care system who wishes to understand more about behavioural science and how this can be applied in your own area of work.

All of the resources above can be accessed via the NHS Futures Platform here: <https://future.nhs.uk/SWPopulationandPublicHealth>

FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Planning for a Healthier Food Environment	In this course, developed by OHID, UKHSA and Fuse, you will discover will how urban planning and public health intersect to create healthier communities. With practical applications and illustrative insights, this course will help you achieve strategic public health priorities while supporting sustainable economies. Planning for a Healthier Food Environment - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Starting Out in Health and Social Care Research	Get step-by-step guidance on every stage of the research process to kickstart your career in health and social care research. Starting Out in Health and Social Care Research - Online course - FutureLearn	8 weeks, 2 hours per week. Available now. A free upgrade of this course is available for NHS and NHS-affiliated staff.
Heart Health: A Beginner's Guide to Cardiovascular Disease	Learn more about how your heart works, the causes of heart disease and how to keep your heart healthy. https://www.futurelearn.com/courses/heart-health	4 weeks, 5 hours per week. Available now.
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK). Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.

Free courses are also available through the Open University's **OpenLearn** platform [here](#). While you can access all OpenLearn material without creating an account, doing so enables you to enrol on courses, which means that you can save your progress and earn statements of participation and digital badges.