

Remote access/face to face learning opportunities

1 June 26	<p>Spotlight on the estimated prevalence of severe mental illness</p> <p>This webinar is hosted by the Mental Health Intelligence Team (MHIT), who will be presenting their new report on the estimated prevalence of severe mental illness (SMI) in England, and the publication of four new indicators in the Adult Mental Health and Wellbeing Profile which provide new data on SMI prevalence by condition breakdown.</p>	14:00-15:00 Online	Register here
2 June 26	<p>Co-producing a living options framework with older people from South Asian Communities</p> <p>This in person event brings together service providers, practitioners and researchers to share findings from our research exploring later-life living decisions among older South Asian adults in Northern England, including priorities around residential care, sheltered housing and ageing at home. The day will include participatory activities, group discussions and opportunities to contribute to the future direction of this work.</p>	10:00-15:00 The Great Hall, Sutherland Building, Northumbria University, College Lane, Newcastle upon Tyne, NE1 8SG (lunch provided)	Members of South Asian and Muslim Community; Voluntary, Community, and Social Enterprise (VCSE) organisations; Commissioners; Service Providers, Academics and Researchers Register here
2 June 26	<p>Sorting out social care</p> <p>This event brings the leaders in adult social care together at a pivotal moment. The Independent Commission on Adult Social Care, led by Baroness Louise Casey, will publish an initial report this year, offering a potential opportunity to address fundamental issues and to recommend long-lasting, comprehensive solutions. Meanwhile, the Department of Health and Social Care will introduce important changes, including a fair pay agreement, and the NHS will continue to roll out its plans for shifting care into the community.</p>	10:00-15:00 The King's Fund, 11-13 Cavendish Square, London, W1G 0AN	Delegates from across the adult social care sector Register interest here

Public Health CPD Calendar 2026

<p>2 June 26</p>	<p>Webinar: Unlocking the power of routine data, part 1 An introduction and common pitfalls: Dr Megan Wood offers guidance on how to get the most from routine (already collected) data. In the webinar, Megan will cover how data you already have can be used to gather new insights, the benefits and challenges to be aware of, and top tips on how to get started.</p>	<p>10:00-11:00 Online</p>	<p>Register interest here</p>
<p>3 June 2026</p>	<p>MECC Conference 2026 - Where are your opportunities? https://www.youtube.com/watch?v=vadsiHlomkU</p>	<p>09:30-16:00 Northumbria University Northumbria Law School City Campus East, Newcastle upon Tyne NE1 8ST</p>	<p>Register here</p>
<p>NEW 10 June 2026</p>	<p>Boosting referrals to the National Diabetes Prevention Programme Join our next Connect & Learn session on increasing referrals to the National Diabetes Prevention Programme. This interactive session will explore referral pathways, share local best practice, and highlight how teams can boost engagement and uptake. Register by 8 June to attend.</p>	<p>11:00-12:00 Online</p>	<p>Register here</p>
<p>18 June 2026</p>	<p>Neighbourhood Health Learning Conference The Neighbourhood Health Learning Conference is a region-wide learning event for people who are actively shaping and influencing the neighbourhood health agenda across North East and North Cumbria.</p>	<p>09:30-16:30 St. James' Park, Strawberry Place, Newcastle Upon Tyne, NE1 4ST</p>	<p>Register here</p>

Public Health CPD Calendar 2026

<p>NEW</p> <p>22 June 2026</p>	<p>Fresh Lunchtime learning: Smoking, Health & Social Justice with Professor Sanjay Agrawal</p> <p>Fresh and the NENC Smokefree NHS Taskforce are delighted to offer this free seminar featuring Professor Sanjay Agrawal, on the new Royal College of Physicians (RCP) report <i>Smoking, health and social justice</i>.</p>	<p>12:15-13:15</p> <p>Online</p>	<p>Aimed at anyone who works with those who smoke and support them to stop, or manage their dependency (including commissioners, Stop Smoking Services, NHS Tobacco Dependency Treatment Services & other Public Health / Healthcare professionals), or anyone across the region with a genuine interest to help us achieve our vision for a smokefree future.</p> <p>Register here</p>
<p>24 June 2026</p>	<p>Back to Basics: Waterborne Pathogens in Healthcare</p> <p>In this webinar, Dr Susanne Surman-Lee will take a back-to-basics approach to waterborne pathogens in healthcare, focusing on who these organisms are, how they survive within water systems, how they are transmitted, and how patients become exposed.</p>	<p>13:00-14:00</p> <p>Online</p>	<p>This webinar is aimed at infection prevention and control and public health professionals, water treatment providers, estates and facilities teams and healthcare designers seeking a clearer understanding of waterborne infection risks.</p> <p>Register here</p>
<p>NEW</p> <p>25 June 2026</p>	<p>Webinar: Tackling economic inactivity - local action on mental health and employment</p> <p>This webinar will explore how places can translate national ambition into effective local action - by integrating mental health and employment support to help more people enter, remain in, and progress in work.</p>	<p>12:15-13:30</p> <p>Online</p>	<p>Register here</p>
<p>NEW</p> <p>29 June 2026</p>	<p>Listeria monocytogenes and changes to EU legislation</p> <p>This webinar will cover the latest data relating to infection rates, key methods of control, changes to the EU Regulation and the implications in the context of established best practice, trade and compliance issues.</p>	<p>13:00-14:00</p> <p>Online</p>	<p>Register here</p>

Public Health CPD Calendar 2026

<p>NEW</p> <p>17-18 Nov 2026</p>	<p>The King's Fund Annual Conference 2026: good health for all</p> <p>2026 conference will once again bring together leaders from across the health and care system to explore the major challenges and opportunities facing the sector.</p>		<p>Register here</p>
<p>NEW</p>	<p>NIHR INSIGHT (North East & North Cumbria) Research Masters</p> <p>This funded Master's programme aims to attract more nurses, midwives, allied health professionals and other registered health professionals, public health and social care practitioner academics into research early in their careers.</p>		<p>For more information click here</p>
<p>NEW</p>	<p>Making Every Contact Count (MECC) eLearning for North East and North Cumbria</p> <p>An eLearning package to support you to implement MECC across your organisation and for staff or volunteers. The lesson has been specifically tailored for the North East and North Cumbria and is freely available via the Boost Learning Academy</p> <p>The MECC module is designed with three lessons that can be accessed and completed with 3 x 20 minute micro sessions that cover:</p> <ul style="list-style-type: none"> • Introduction to MECC • Behaviour Change and MECC Conversations • Practical MECC Skills and Benefits <p>You must complete the modules in the order listed and this course is ideal for those that have previously been unable to access the face to face or virtual Core MECC offer.</p>		<p>The course is accessible to all relevant staff and volunteers in North East and North Cumbria region.</p> <p>The Core MECC offer should still be offered to those staff or volunteers in key positions who have a greater opportunity to use MECC in practice which will enable your organisation to target a local training offer to support your capacity.</p>

<p>NEW</p> <p>FUNDING OPPORTUNITY</p>	<p><u>Public Health Grassroots Awards - funding call 3</u></p> <p>Opportunity to apply for Public Health Grassroots Award funding (up to £5000) from the NIHR RSS Specialist Centre for Public Health.</p> <p>The vision for the Public Health Grassroots Award is to foster a culture of research within public health at the grassroots level, empowering more individuals to contribute to innovative and informed practices that improves public health and reduce inequalities.</p> <p>By offering short-term, part-time funding, the award is focused on equipping individuals in public health with the research skills necessary to enhance their impact and contribute to evidence-based practice, with support from local and national infrastructure.</p> <p>Application timeline:</p> <ul style="list-style-type: none"> ▪ opening date for applications: Tuesday 14 April 2026 ▪ closing date for applications: 5pm on Tuesday 9 June 2026 ▪ panel meeting date: Thursday 9 July 2026 ▪ decisions announced: w/c 13 July 2026 ▪ funding commences: from 20 July and no later than 30 November 2026 		
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<p>NEW</p> <p>FUNDING OPPORTUNITY</p>	<p><u>Public Health Engagement Leads - funding call 4</u></p> <p>Opportunity for colleagues working in local authorities in *specific regions* to apply for funding from the NIHR RSS Specialist Centre for Public Health (0.1FTE) for a 24-month period to be a PHEL starting on 1 July 2026.</p> <p>This call is open to colleagues working in local authorities in England, including those with NIHR Health Determinants Research Collaborations (HDRC) or Local Authority Research Practitioner (LARP) funding. Those in the devolved nations should speak with relevant funders to explore similar opportunities. Applications are to be submitted at an individual level and are open to existing local authority employees.</p> <p>Application timeline:</p> <ul style="list-style-type: none"> ▪ opening date for applications: Monday 27 April 2026 ▪ closing date for applications: 12 noon on Friday 22 May 2026 ▪ decisions announced: w/c 15 June 2026 		
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The Learning Academy

The [learning academy](#) is open to everyone working or volunteering in the North East and North Cumbria health and care system. This includes people working in the NHS, local authorities, public health, the voluntary sector, private care providers, and more.

It offers a wide range of learning opportunities from leadership and improvement courses to programmes on health inequalities and prevention across topics such as alcohol, tobacco, mental health, poverty and more. Plus, there's the opportunity to connect and learn together with like-minded people from across the region.

You will have your own individual account which will store your learning record, keep your certificates safe and help you plan other learning that you are interested in.

Examples of available learning

Leading together: creating solutions through system leadership - North East and Yorkshire Leadership Academy (NEYLA)

This consists of five concise, stand-alone masterclasses, tailored for individuals whose work involves collaboration across teams, organisations, or system boundaries. See [here](#) for further details and registration. **Nb. Local Authority colleagues are eligible to attend and should use the 'other' category for their organisation.**

Oliver McGowan Training on Learning Disability and Autism. [Oliver's Training](#) is the government's preferred and recommended programme. Those working in the North East and North Cumbria can now access this training which is mandatory for staff in CQC regulated services but also supports the ambition to upskill the wider health and care workforce to provide appropriately adjusted care for people with a learning disability and autistic people to reduce health inequality.

Building our anti-racist commitment

As part of our ongoing anti-racist commitment in the North East and Yorkshire region, the ICB has recently launched an Anti-Racism Hub on the Boost Learning Academy.

This hub is a free, accessible to all and designed to provide colleagues across the system with the resources, knowledge, and practical tools to actively challenge racism and promote equity in the workplace.

Within the hub, you'll find a wide range of toolkits, training videos, frameworks, and practical guides. These are designed not just for awareness, but to help us all take meaningful, informed action.

To highlight just a few:

- [Managers' guidance for dealing with a racist incident](#) – practical steps to support managers in responding effectively.
- [Being an Ally toolkit](#)
- [Developing a collective understanding of racism and discrimination](#)
- [Bystander toolkit](#) – practical guidance for bystanders who witness racism
- [How to report a hate crime](#) – clear guidance on routes for reporting and accessing support

NIHR RSS Specialist Centre for Public Health – catch up on previous research webinars

[Writing a grant application](#)

[Introduction to research methods](#)

[Public and community involvement](#)

[Introduction to qualitative methods](#)

[Evaluating public and community involvement](#)

[How do we use lived experience to create research?](#)

[Introduction to health economics](#)

Understanding Mental Health Research – free NIHR e-learning Course

Are you working in public health, mental health, or primary care and want to build your confidence in shaping and delivering impactful research? This free e-learning module from NIHR is designed to develop your knowledge and skills in public mental health research. Whether you're new to research or looking to take your ideas further, this course offers practical guidance and inspiration.

What you'll gain:

- A deeper understanding of why evidence matters in public mental health commissioning, policy, and practice
- Increase your knowledge of public mental health research and project development
- Confidence to shape research priorities, generate ideas, design studies, and seek funding
- A shared vision for tackling public mental health challenges collaboratively across disciplines

Course structure:

5 interactive sessions with self-testing questions and links to further resources.

Sessions 1–3: Introductions to public mental health research, research development, and study design.

Sessions 4–5: Practical guides to writing a research proposal and applying for funding — ideal if you already have a research question in mind.

Each session can be completed independently, with the full course taking around 5 hours.

The E-Learning module is available through NIHR learn. You can access the course using this link:

<https://learn.nihr.ac.uk/course/view.php?id=1322>

You will need to create an NIHR Learn account to access and enrol onto the course.

Public Health Intelligence Online ([PHI/Online](#)) from the Office for Health Improvement and Disparities (OHID) brings together the public health intelligence community of England to connect with their Local Knowledge and Intelligence Service and the wider public health intelligence (PHI) community, discover the resources open to them and learn and develop their analytical skills.

PHI/Online aims to become a one-stop-resource for public health intelligence content, including:

- News and events
- Training
- National discussion forum
- Tools and resources
- Regional areas for local resources and local discussion

If you are not already registered with FutureNHS you will be required to sign up and then navigate to the Public Health Intelligence Online workspace. By joining this group, you will be added to the LKIS national member database held centrally by LKIS. This database is used as a secondary resource to send out information on events, updates and training opportunities related to LKIS and other related stakeholders. If you do not wish to be part of this list, please email LKISNorthEastandYorkshire@dhsc.gov.uk

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services.

Population Health Academy

The Population Health Academy on [FutureNHS](#) is for anyone using data and insights to improve patient care, drive collaboration and prioritise prevention through place-based partnerships and integrated neighbourhood teams.

A suite of PHM communications assets is now available to help systems promote local and national eLearning offers.

These [assets](#) bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework '**Know, Connect, Prevent**', a short explainer film **PHM: proactive, targeted healthcare for your community** and three short films showing 'what PHM means to me' as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

Health Protection modules now available: Fundamentals of Health Protection

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

Key audiences for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following [link](#) for more information.

All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are currently e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing
- giving children the best start in life
- health disparities and health inequalities
- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

A new social care e-learning resource has been designed to promote ten public health tips that can be used by the adult social care workforce to maximise their public health impact in improving population health and reducing health inequalities. Please click [here](#) to access it.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.
<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

Public Health CPD Calendar 2024

Recordings from a **Health Inequalities Webinar series** from South West Population and Public Health Academy are available to colleagues.

The 2024 and 2025 series have included:

- Self-harm
- Childhood obesity
- Health Visitors
- Healthy Weight
- Planning and Health
- Fuel Poverty
- Liver Disease
- Anchors in Policing

There is also a **South West Behavioural Science Hub** which includes webinars to introduce you to behavioural science, understand the models and concepts and how they can be applied in practice.

The target audience for these webinars is anyone working in the health and care system who wishes to understand more about behavioural science and how this can be applied in your own area of work.

All of the resources above can be accessed via the NHS Futures Platform here: <https://future.nhs.uk/SWPopulationandPublicHealth>

Public Health CPD Calendar 2024

FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Planning for a Healthier Food Environment	In this course, developed by OHID, UKHSA and Fuse, you will discover how urban planning and public health intersect to create healthier communities. With practical applications and illustrative insights, this course will help you achieve strategic public health priorities while supporting sustainable economies. Planning for a Healthier Food Environment - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Starting Out in Health and Social Care Research	Get step-by-step guidance on every stage of the research process to kickstart your career in health and social care research. Starting Out in Health and Social Care Research - Online course - FutureLearn	8 weeks, 2 hours per week. Available now. A free upgrade of this course is available for NHS and NHS-affiliated staff.
Heart Health: A Beginner's Guide to Cardiovascular Disease	Learn more about how your heart works, the causes of heart disease and how to keep your heart healthy. https://www.futurelearn.com/courses/heart-health	4 weeks, 5 hours per week. Available now.
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK). Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.

Free courses are also available through the Open University's **OpenLearn** platform [here](#). While you can access all OpenLearn material without creating an account, doing so enables you to enrol on courses, which means that you can save your progress and earn statements of participation and digital badges.