

Vaccines

The 2 public health interventions that have had the greatest impact on the world's health are clean water and vaccines.

The World Health Organisation

There are now safe and effective vaccines for more than 20 deadly diseases. You may not have heard of some of them. That is because vaccines help keep cases low in the UK.

All vaccines have been carefully tested to make sure they are safe and effective.

Throughout your life you may need other vaccines at different times, for example during pregnancy, to travel to different countries, or as you get older and your immune system weakens.



Find out more

NHS

Having vaccinations on time, when they are offered to you, gives you the best protection when you need it the most.



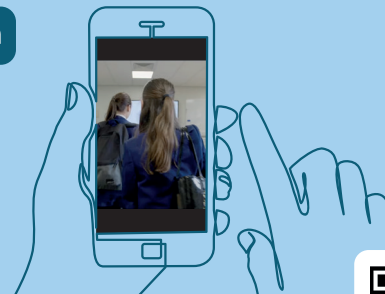
For more information about NHS vaccines and when to have them visit:

NHS vaccines and when to have them:

<https://www.nhs.uk/vaccinations/nhs-vaccinations-and-when-to-have-them/>



Watch



Getting your vaccine video:

<https://www.youtube.com/watch?v=eUQiLc31lls>



Missed a vaccine?

If you have missed any of the vaccines offered at school, you may not be fully protected against life-threatening but completely avoidable diseases.

Contact your School Aged Immunisation Service about catching up.

NHS vaccinations

Developed by
Public Health
South Tees

NHS



Year 7

**Welcome to
Secondary
School**

NHS vaccinations

Exciting times ahead!

Starting secondary school is an exciting time with lots of changes.

Just as the subjects you'll study will prepare you for life, the choices you make about your health will also shape your future.

During your secondary school journey, you will be offered some vaccines. These vaccines help your immune system protect you against life-threatening but completely avoidable diseases.

Your parent or carer will be asked to complete a consent form for each of the vaccines. The forms only take a few minutes to complete.



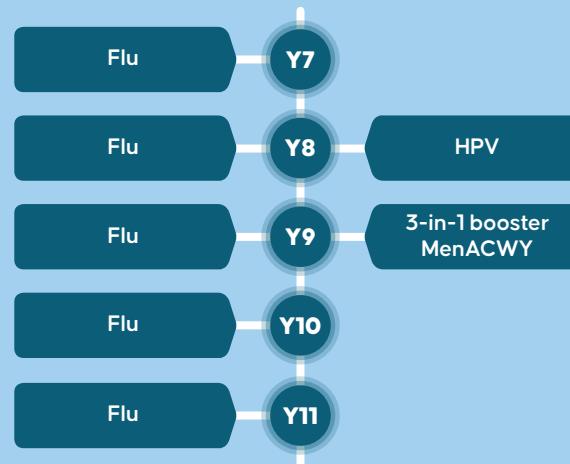
Watch

Immunisations: What are they? video:

<https://www.youtube.com/watch?v=KxCS-zBCnJo>



These are the vaccines you will be offered:



So, the first vaccine you are offered is for flu.

Flu vaccine

Year 7-11

The flu virus changes each year, that is why you are offered the flu vaccine each school year in autumn.

Flu causes pain, fever, and breathing difficulties. It makes existing conditions like asthma and heart disease worse. Flu can become life-threatening.

Complete the consent form



Ask your parent or carer to complete the consent form to let the nurses know 'yes' you do want to have the flu vaccine or 'no' you don't.

Watch

The consent process video:

<https://www.youtube.com/watch?v=M40poCVrvjk>



Other vaccines you will be offered include:

The HPV vaccine

Year 8

This vaccine protects you against the high-risk types of Human Papilloma Virus (HPV). These can cause genital warts and increase the risk of developing some cancers later in life.

The 3-in-1 booster vaccine

Year 9

This vaccine strengthens the protection that you received as a baby to prevent tetanus, diphtheria, and polio.

The MenACWY vaccine

Year 9

This vaccine protects you against four different types of bacteria – types A, C, W, and Y that cause Meningitis.

The Measles, Mumps and Rubella (MMR) vaccine

Year 7-11

Your parent or carer can also consent for you to have the MMR vaccine in school, if you missed out on the 2 doses of this vaccine as a child.

Watch

The MMR vaccine video:

<https://www.youtube.com/watch?v=2RjOm47J-0o>

