

North East Gambling Harms Lived Experience Forum

SEEKING PARTICIPANTS

If you would like to share your lived experiences of gambling harms and shape gambling harms prevention work in the North East, we would like to hear from you!

The Lived Experience Forum is run by the ADPH NE (Association of Directors of Public Health North East) Gambling Harms Programme.

The forum is open to anyone who:

- **Is 18+ years**
- **Lives in the North East**
- **Has lived experience of gambling related harms - whether from their own gambling or someone else's (as an affected other)**

The forum is a space for discussion, feedback and sharing of lived experiences to shape North East gambling harm prevention work.

Meetings are held online every 3 months, with email communication of opportunities between meetings.

Participation is voluntary and your level of involvement is completely up to you. You don't need to attend every meeting or join every project.

We value your time and contributions and offer a £25 voucher per hour for all participation in programme activities.

If you are interested in being involved or would like to know more, please get in touch via email to: [**GHR@middlesbrough.gov.uk**](mailto:GHR@middlesbrough.gov.uk) or scan the QR code to sign up and get involved.

