



# ADPH NE GAMBLING HARMS PROGRAMME

## Bi-monthly Newsletter

**Welcome to the North East Gambling-Related Harms programme newsletter. We are working to develop a regional approach to tackle the harm caused by gambling across our region.**

**As we begin 2025, there is lots of work underway in the North East region to prevent and reduce gambling harms. North Tyneside have a new gambling harm steering group being established. Newcastle, Sunderland, Durham and Hartlepool local authorities are piloting a MECC (Making Every Contact Count) Gambling Harms module. There are also various research projects underway as part of the Gambling Harms Programme, please see below an opportunity to be involved in one of the research projects. Please also find information on the newly published NICE Guidance for gambling harms and ADPH Yorkshire and the Humber's Public Health Framework for gambling harms. Thank you for your continued support of the Programme.**

## Research Corner\*

**'The impact of gambling on depression: new evidence from England and Scotland - [Click here](#)**

**How gambling harms others: The influence of relationship-type and closeness on harm, health and wellbeing - [Click here](#)**

**Problem gambling, risk behaviours and mental health in adolescence: A person oriented study - [Click here](#)**

**Australia's gambling epidemic and energy poverty - [Click here](#)**

\*These articles have been checked for any conflicts of interest or industry funding. None were identified.

## In the news

**Sunderland City Council's concern over gambling harm - [Click here](#)**

**Alderney gambling company fined £1m after anti-money laundering failures - [Click here](#)**

**Proportion of children in Great Britain with gambling problem has doubled, data reveals - [Click here](#)**

**Stricter gambling rules proposed in West Sussex - [Click here](#)**

### GAMBLERS LIKE ME: THE DARK SIDE OF SPORTS BETTING DOCUMENTARY

**This BBC Africa Eye Documentary follows one young football fan on a journey across Uganda, to explore how Sports betting has exploded across Africa. Discovering the devastating impact the gambling industry has had on many football fans. [Watch here.](#)**

# Public Health Framework for Gambling Harms produced by ADPH Yorkshire and the Humber

The ADPH Yorkshire and the Humber Gambling Harms Programme have recently published a second version of their Public Health Framework for Gambling Harms. This interactive resource covers six topic areas, including: raising awareness of gambling harms, strengthening the evidence base, reducing exposure and access, providing treatment and support, taking a life course and equity led approach and building leadership and capability. Take a look at the [interactive framework here](#).



## Participants needed for research

Research is a key part of the ADPH NE Gambling Harms Programme. One of the current research projects aims to understand Drug and Alcohol workers experiences of gambling related harms (GRH) in treatment settings by:

- Understanding the barriers and enablers to embedding GRH education and support within Drug and Alcohol settings
- Investigating if screening tools and protocols are used to assess and refer patients with GRH in Drug and Alcohol settings
- Determining the type of GRH training Drug and Alcohol staff receive.



The researcher hopes to conduct semi structured interviews with a variety of roles working within a Drug and Alcohol setting. Interview time slots are available across a 15 day period between February and March if you are able to contribute to this work.

To find out more about the study or book a time slot to participate, please contact [Andrew.richardson@newcastle.ac.uk](mailto:Andrew.richardson@newcastle.ac.uk)

Future opportunities to participate in the ADPH North East Gambling Harms research projects will be shared in upcoming newsletters.

# NICE Guidance on Gambling-related harms published

The National Institute for Health and Care Excellence ([NICE](#)) published their guidance on 'Gambling-related harms: identification, assessment and management' on the 28th January. This contains guidance on asking about gambling harms, how to support those experiencing gambling harms, overcoming stigma, treatment for gambling harms and support for families and affected others. Access the [guidance here](#).

## Free Online Events

Please find a variety of free online events that you can access to gain greater understanding of gambling harms:

NECA's Gaming and Gambling Awareness workshop  
19th February, 10-11am - [book a place here](#)

Exploring the World of Crypto Assets, Gambling and Gaming 5th March, 5-6pm - [book a place here](#)

## Gambling Harms Lived Experience Forum

The lived experience forum supports regional and local work with representatives from across the region. Members offer insight and expertise to a variety of pieces of work and we continue to be incredibly grateful for their contributions. If you know anyone who has been impacted by gambling harms, either themselves directly or as an affected other, and they may be interested in joining this network, please contact: [GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk)

## LOCAL NORTHEAST HEALTH NEEDS ASSESSMENTS

Find out more about how gambling harms are impacting our communities in the North East from these health needs assessments:

[North Tyneside Health Needs Assessment](#)

[Sunderland Health Needs Assessment](#)

## PUBLICATIONS TO SHARE

OHID Gambling treatment need and support in England: [main findings and methodology](#)

LGA Tackling gambling related harm: [A whole council approach](#)

Perceptions of gambling marketing among young adult gamblers in Ireland report

## GET IN TOUCH

Thank you for supporting and working towards reducing Gambling-Related Harms in our region!

If you would like us to include anything else in our next newsletter, please email the Gambling Harm Reduction office: [GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk)

For more information about the North East Gambling Harms Programme [click here](#).