

ADPH NE GAMBLING HARMS PROGRAMME

Welcome to the North East Gambling Harms Programme August 2025 newsletter. We are working to develop a regional approach to tackle gambling harms across the North East.

In this edition....

- Revised Statutory Guidance: Relationships Education, Relationships and Sex Education (RSE) and Health Education
- Current Advances in Gambling Research (CAGR) Conference Presentation
- Latest News
- Research Corner
- Upcoming Training
- Local Publications

Thank you for your continued efforts in working to tackle gambling harms.

Revised Statutory Guidance: Relationships Education, Relationships and Sex Education (RSE) and Health Education

Published in July 2025 by the Department of Education, this guidance updates the existing requirements for teaching relationships education, relationships and sex education (RSE) and health education in schools. This will be effective from 1st September 2026.

These revised guidelines include more detailed content on gambling and gambling harms at both primary and secondary school levels.

At primary school, students will learn about why certain online content - including gambling - is age restricted and explores the risks of online gaming.

At secondary school, students will learn about the mental health impacts of gambling and the risks of online gambling and in-game content.

These revisions highlight the importance of educating children and young people about gambling harms to help them make decisions about their health and wellbeing.

Access the guidance [here](#).

Current Advances in Gambling Research (CAGR) Conference

Dr Andrew Richardson, Research Associate for the ADPH NE Gambling Harms Programme, was invited to present at the Current Advances in Gambling Research (CAGR) Conference in June.

This was hosted by both the University of Glasgow and the Academic Forum for the Study of Gambling (AFSG). Andrew presented on research regarding drug and alcohol workers experiences of gambling harms in the North East of England.

If you have any questions or would like to know more about this research, please contact

Andrew.Richardson@newcastle.ac.uk



IN THE NEWS

[We need to start treating gambling harm as a public health issue – here's why.](#)

[Labour backbench MPs push for tough, wholesale changes to gambling regulation](#)

[Commission response to OSR review of Gambling Survey for Great Britain](#)

RESEARCH CORNER

**These articles have been checked for any conflicts of interest or industry funding. None were identified.*



“‘Creating Poverty Chances’: Young People Confront Gambling Harms in Malawi”

[Read here](#)

“How Learning Misconceptions can Improve Outcomes and Youth Engagement with Gambling Education Programs”

[Read here](#)

“Basic psychological needs in gambling and gaming problems”

[Read here](#)

“Knowledge, Views and Experiences of Gambling and Gambling-Related Harms in Different Ethnic and Socio-Economic Groups in New Zealand”

[Read here](#)

The ADPH NE Gambling Harms Lived Experience Forum is seeking members!

Members offer insight and expertise to local and regional work and we continue to be grateful for their contributions.

The forum is open to anyone living in the North East, aged 18+ and has lived experiences of gambling harms, either personally or as an affected other.

Members are offered a £25 voucher per hour for their participation.

To register your interest in joining the forum, please scan the QR code. For further information, please email

GHR@middlesbrough.gov.uk



SCAN HERE

MAKING EVERY CONTACT COUNT (MECC) AND GAMBLING HARMS UPCOMING TRAINING

This free course provides an overview of gambling and gambling harms, highlights the importance of addressing gambling harms and provides insight on how to recognise and respond to signs of harm. It also provides information on treatment and support options in the North East.

Register for training sessions on the Boost Learning Academy Platform [here](#).

You can find more information about MECC and Gambling Harms [here](#).

2 September 2025 | 10:00am-12:15pm

Location: Online

7 October 2025 | 10:00am-12:15pm

Location: Online

21 October 2025 | 10:00am-12:15pm

Location: Online

LOCAL PUBLICATIONS

[Gambling Harms in the North East: Regional Health Needs Assessment](#)

[Gambling-Related Harms in Sunderland: Health Needs Assessment](#)

[North Tyneside Joint Strategic Needs Assessment: Gambling](#)

[Newcastle City Council Gambling and Gambling-Related Harms: Needs Assessment](#)

[County Durham Gambling Health Needs and Assets Assessment](#)

GET IN TOUCH

If you would like us to include anything in our next newsletter, please email GHR@middlesbrough.gov.uk

For more information about the North East Gambling Harms Programme [click here](#).