

Remote access/face to face learning opportunities

4 Sept 25	Ethical practice in public involvement and engagement In this session, organised by NIHR RSS Specialist Centre for Public Health, Dr Felicity Shenton will take you through the key aspects of ensuring your public involvement and engagement is ethical and meaningful.	10:00-11:00 Online	Register here
10 Sept 25	How do I read a paper? In this webinar organised by NIHR RSS Specialist Centre for Public Health, Dr Helen Munro Wild steps you through the process of reading a research article, highlighting the key areas to focus on.	10:00-10:30 Online	Register here
NEW 15 Sept 25	Health Misinformation: UNPACKED At this event from London School of Hygiene & Tropical Medicine, you will hear from academic and communications experts on how to understand and combat the rising tide of health misinformation in the UK. It is aimed at health experts, communications, charity, and funding professionals.	Online or in person (London) 13:00-17:00	For more information and registration see here
NEW Various dates starting 16 Sept 25	Conversations to Cessation: A collaborative Stop Smoking Webinar Series SCAH are delighted to invite you to a free upcoming promotional six-part webinar series designed to deepen your knowledge of smoking cessation through nicotine-free alternative therapies. This webinar series is only available for UK professionals with an interest in smoking cessation.	Online See table below for details	Register for the sessions that are suitable for your role or feel free to join them all. See further details and reserve your place here

Public Health CPD Calendar 2025/6

	<table><tr><th>Title</th><th>Date & Time (BST)</th><th>Speaker(s)</th></tr><tr><td>Webinar 1: Why use Nicotine-Free Pharmacotherapies?</td><td>Tue, 16 Sept 19:00-20:00</td><td>Heidi Croucher (Chair) Martin Lever (Speaker) Darush Attar-Zadeh (Speaker) - <i>Clinical Fellow Respiratory Pharmacist, NW London ICB; Primary Care Respiratory Society Executive Chair</i></td></tr><tr><td>Webinar 2: Skills of a Stop Smoking Practitioner</td><td>Wed, 24 Sept 19:00-20:00</td><td>Heidi Croucher (Chair) Martin Lever (Speaker)</td></tr><tr><td>Webinar 3: Behaviour Change & Building Confidence</td><td>Wed, 8 Oct 19:00-20:00</td><td>Heidi Croucher (Chair) Martin Lever (Speaker)</td></tr><tr><td>Webinar 4: Implementing Nicotine-Free Pharmacotherapies - A System Wide Approach</td><td>Thu, 16 Oct 19:00-20:30</td><td>Heidi Croucher (Chair) Martin Lever (Speaker) Joanna Feeney (Speaker) - <i>Stop Smoking Systems Strategic Manager, Fresh and Balance</i> Professor Matthew Evison (Speaker) - <i>Consultant Chest Physician, Manchester Foundation Trust; CURE & Tobacco Addiction Clinical Lead</i></td></tr><tr><td>Webinar 5: Digital Support & Nicotine-Free Options</td><td>Wed, 22 Oct 19:00-20:00</td><td>Heidi Croucher (Chair) Martin Lever (Speaker) Dr David Crane, PhD (Speaker) - <i>Founder, Smoke Free App</i></td></tr><tr><td>Webinar 6: Alternative Ways to Optimising Tobacco Dependency Services</td><td>Thu, 30 Oct 19:00-20:30</td><td>Heidi Croucher (Chair) Martin Lever (Speaker)</td></tr></table>	Title	Date & Time (BST)	Speaker(s)	Webinar 1: Why use Nicotine-Free Pharmacotherapies?	Tue, 16 Sept 19:00-20:00	Heidi Croucher (Chair) Martin Lever (Speaker) Darush Attar-Zadeh (Speaker) - <i>Clinical Fellow Respiratory Pharmacist, NW London ICB; Primary Care Respiratory Society Executive Chair</i>	Webinar 2: Skills of a Stop Smoking Practitioner	Wed, 24 Sept 19:00-20:00	Heidi Croucher (Chair) Martin Lever (Speaker)	Webinar 3: Behaviour Change & Building Confidence	Wed, 8 Oct 19:00-20:00	Heidi Croucher (Chair) Martin Lever (Speaker)	Webinar 4: Implementing Nicotine-Free Pharmacotherapies - A System Wide Approach	Thu, 16 Oct 19:00-20:30	Heidi Croucher (Chair) Martin Lever (Speaker) Joanna Feeney (Speaker) - <i>Stop Smoking Systems Strategic Manager, Fresh and Balance</i> Professor Matthew Evison (Speaker) - <i>Consultant Chest Physician, Manchester Foundation Trust; CURE & Tobacco Addiction Clinical Lead</i>	Webinar 5: Digital Support & Nicotine-Free Options	Wed, 22 Oct 19:00-20:00	Heidi Croucher (Chair) Martin Lever (Speaker) Dr David Crane, PhD (Speaker) - <i>Founder, Smoke Free App</i>	Webinar 6: Alternative Ways to Optimising Tobacco Dependency Services	Thu, 30 Oct 19:00-20:30	Heidi Croucher (Chair) Martin Lever (Speaker)		
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18 Sept 25	<p>Fingertips Plus</p> <p>The Fingertips Plus session will include:</p> <ul style="list-style-type: none">• A demo of additional data view options within Fingertips not covered in the Introduction to Fingertips session• How to create your own area and indicator lists• How to download data from the tool• An interactive quiz to give you further hands-on experience with the tool <p>There will also be opportunities to ask questions.</p>	14:00-15:30 Online	<p>To attend this session you need to have either attended an Introduction to Fingertips training session or already be an experienced user of Fingertips public health profiles.</p> <p>Find out more and reserve a place here</p>																					
22 Sept 25	<p>Introduction to Research Inclusion (RI)</p> <p>In this webinar organised by NIHR RSS Specialist Centre for Public Health, Dr Lauren Hall and Professor G.J. Melendez-Torres will take you through an introduction to RI, covering aspects such as equality, diversity, and how to address barriers to participation.</p>	11:00-11:30 Online	<p>Register here</p>																					

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NEW 23 Sept 25	Fuse Research Event – Planning for a healthier food environment This one-hour online event will introduce the wider policy and planning context for the FutureLearn course on p.11, provide insights into its cross-disciplinary development, and outline how the resource can be applied in practice to support healthier, more equitable environments.	12:00-13:00 Online	Register here
NEW 25 Sept 25	Free lunchtime seminar – Nicotine Pouches, the latest evidence Fresh and the NENC Smokefree NHS Taskforce are delighted to offer this free seminar featuring Dr Harry Tattan-Birch which aims to provide an overview of Nicotine pouches including the emerging evidence base. During this session Dr Tattan-Birch will present on the latest research into nicotine pouches, a rapidly growing category of nicotine products. He will discuss the current use of these products in Great Britain, highlighting demographic trends and the public health implications. Dr Tattan-Birch will provide key insights into how nicotine pouches are shaping the future of nicotine consumption and what this means for public health policy and intervention.	12:15-13:15 Online	This is a highly recommended session for ANYONE who works with those who smoke and support them to stop, or manage their dependency (including commissioners, Stop Smoking Services, NHS Tobacco Dependency Treatment Services & other Public Health / Healthcare professionals), Trading Standards colleagues or anyone across the region with a genuine interest to help us achieve our vision for a smokefree future. To register to attend please click this link – this seminar will be recorded and made available on our Khub page
29 Sept 25	IHPE Masterclass series 2025 Health Promotion in Urgent and Emergency Care (UEC) Settings This session will explore the unique role of UEC settings in health promotion. We'll hear from experts including Professor Holly Blake, Dr. Emma Adams, Lucy Morris RN, and Hon.Prof. Dr Frank Coffey, as they discuss the implementation of SBIRT (Screening, Brief Intervention, and Referral to Treatment) for alcohol misuse in UEC settings.	10:00-11:00 Online	Sign up here

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8 Oct 25	Using AI in qualitative research In this webinar organised by NIHR RSS Specialist Centre for Public Health, Dr Francis McKay will introduce the topic of how to use AI, specifically large language models (such as ChatGPT), in qualitative research, with the aim of building confidence so you might start to think about how you can use some of these tools yourself.	10:00-11:00 Online	Register here
NEW 23 Oct 25	Introduction to Fingertips The session is aimed at beginners who would like to build their confidence using the Fingertips public health profiles . The session will include: <ul style="list-style-type: none"> • An introduction to Fingertips – what it is and where to find it • A demo of the tool – how to navigate around, plus tips and tricks for finding what you need • Interactive exercises to give you hands-on experience with the tool 	10:00-11:30 MS Teams	Reserve a place here
6 Nov 25	Making research engaging In this webinar organised by NIHR RSS Specialist Centre for Public Health, Dr Michael Johansen offers guidance and examples of how to make the research process interesting and how to tell a great story about it afterwards. Whether you're trying to engage community members to participate or want to convince others that research has real-life benefits, Michael will talk through his methods of harnessing curiosity.	11:00-12:00 Online	Register here
7 Nov 25	IHPE Masterclass series 2025 Reducing Inequalities in Breast Cancer Prevention & Treatment Professor Emma Wilson will lead this session, exploring inequalities in breast cancer prevention, treatment and care and discussing how we can improve access to prevention and treatment for all women.	11:00-12:00 Online	Sign up here

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<p>NEW</p> <p>18 Nov 25</p>	<p>Fingertips Plus To attend this session you need to have either attended an Introduction to Fingertips training session or already be an experienced user of Fingertips public health profiles. Please ensure the date of your Introduction to Fingertips training session is before the date of your Fingertips Plus training. There will be more Introduction to Fingertips sessions added in the future if there are none currently showing or they are full. The Fingertips Plus session will include:</p> <ul style="list-style-type: none"> • A demo of additional data view options within Fingertips not covered in the Introduction to Fingertips session • How to create your own area and indicator lists • How to download data from the tool • An interactive quiz to give you further hands-on experience with the tool 	<p>13:30-15:00</p> <p>MS Teams</p>	<p>Reserve a place here</p>
<p>4 Dec 25</p>	<p>The benefits of evidence-based decision making In this webinar organised by NIHR RSS Specialist Centre for Public Health, Dr Susan Hampshaw explains and give examples of the benefits of evidence informed decision making and how evidence can be used to create policies that work best for the residents of a local authority.</p>	<p>10:00-11:00</p> <p>Online</p>	<p>Register here</p>
<p>11 Dec 25</p>	<p>Designing ethical research In this webinar organised by NIHR RSS Specialist Centre for Public Health, Dr Deborah Harrison will outline key principles of ethical research including informed consent, confidentiality and avoidance of harm. Deborah's background is in applied public services research. She has worked with local authorities, VCSE organisations, social care providers, NHS and emergency services.</p>	<p>11:00-12:00</p> <p>Online</p>	<p>Register here</p>

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14 Jan 26	Introduction to mixed methods research In this webinar organised by NIHR RSS Specialist Centre for Public Health, Dr Deborah Harrison will provide an introduction to mixed methods research including different study designs, challenges and considerations.	14:00-14:45 Online	Register here
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NIHR RSS Specialist Centre for Public Health – catch up on previous research webinars

[Writing a grant application](#)

[Introduction to research methods](#)

[Public and community involvement](#)

[Introduction to qualitative methods](#)

[Evaluating public and community involvement](#)

[How do we use lived experience to create research?](#)

[Introduction to health economics](#)

The Learning Academy

The [learning academy](#) is open to everyone working or volunteering in the North East and North Cumbria health and care system. This includes people working in the NHS, local authorities, public health, the voluntary sector, private care providers, and more.

It offers a wide range of learning opportunities from leadership and improvement courses to programmes on health inequalities and prevention across topics such as alcohol, tobacco, mental health, poverty and more. Plus, there's the opportunity to connect and learn together with like-minded people from across the region.

You will have your own individual account which will store your learning record, keep your certificates safe and help you plan other learning that you are interested in.

Examples of available learning

Leading together: creating solutions through system leadership - North East and Yorkshire Leadership Academy (NEYLA)

This consists of five concise, stand-alone masterclasses, tailored for individuals whose work involves collaboration across teams, organisations, or system boundaries. See [here](#) for further details and registration. **Nb. Local Authority colleagues are eligible to attend and should use the 'other' category for their organisation.**

Oliver McGowan Training on Learning Disability and Autism. [Oliver's Training](#) is the government's preferred and recommended programme. Those working in the North East and North Cumbria can now access this training which is mandatory for staff in CQC regulated services but also supports the ambition to upskill the wider health and care workforce to provide appropriately adjusted care for people with a learning disability and autistic people to reduce health inequality.

Public Health Intelligence Online ([PHI/Online](#)) from the Office for Health Improvement and Disparities (OHID) brings together the public health intelligence community of England to connect with their Local Knowledge and Intelligence Service and the wider public health intelligence (PHI) community, discover the resources open to them and learn and develop their analytical skills.

PHI/Online aims to become a one-stop-resource for public health intelligence content, including:

- News and events
- Training
- National discussion forum
- Tools and resources
- Regional areas for local resources and local discussion

If you are not already registered with FutureNHS you will be required to sign up and then navigate to the Public Health Intelligence Online workspace. By joining this group, you will be added to the LKIS national member database held centrally by LKIS. This database is used as a secondary resource to send out information on events, updates and training opportunities related to LKIS and other related stakeholders. If you do not wish to be part of this list, please email LKISNorthEastandYorkshire@dhsc.gov.uk

Foundation Programme in Public Health

Are you looking to enhance your ability to improve public health and tackle health inequalities? The **Foundation Programme in Public Health**, accredited by the Royal Society for Public Health, offers you the chance to gain essential core public health skills to drive meaningful health initiatives in your community.

Available for professionals across **Yorkshire and the Humber** and the **North East regions**, this flexible online programme provides you with the knowledge and tools needed to make a real impact.

The programme is structured into **two levels**, each consisting of four interactive sessions, lasting just **three hours each**—perfect for fitting around your busy schedule. Delivered by experienced public health specialists, it's the ideal way to strengthen your expertise in a supportive online environment.

No prior qualifications are needed to join, although you should be working in a role where you can influence public health.

This is a fantastic opportunity to develop your skills and expand your capacity to improve population health. For more information and to register visit this webpage: <https://sway.cloud.microsoft/rMyGw3Ox3inkPnJq?ref=Link&loc=mysways>

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services.

Population Health Academy

The Population Health Academy on [FutureNHS](#) is for anyone using data and insights to improve patient care, drive collaboration and prioritise prevention through place-based partnerships and integrated neighbourhood teams.

A suite of PHM communications assets is now available to help systems promote local and national eLearning offers.

These [assets](#) bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework '**Know, Connect, Prevent**', a short explainer film **PHM: proactive, targeted healthcare for your community** and three short films showing 'what PHM means to me' as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

Health Protection modules now available: Fundamentals of Health Protection

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

Key audiences for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following [link](#) for more information.

All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are currently e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing
- giving children the best start in life
- health disparities and health inequalities
- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

A new social care e-learning resource has been designed to promote ten public health tips that can be used by the adult social care workforce to maximise their public health impact in improving population health and reducing health inequalities. Please click [here](#) to access it.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.
<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

Public Health CPD Calendar 2024

Recordings from a **Health Inequalities Webinar series** from South West Population and Public Health Academy are available to colleagues.

The 2024 and 2025 series have included:

- Self-harm
- Childhood obesity
- Healthy Weight
- Planning and Health

There is also a **South West Behavioural Science Hub** which includes webinars to introduce you to behavioural science, understand the models and concepts and how they can be applied in practice.

The target audience for these webinars is anyone working in the health and care system who wishes to understand more about behavioural science and how this can be applied in your own area of work.

All of the resources above can be accessed via the NHS Futures Platform here: <https://future.nhs.uk/SWPopulationandPublicHealth>

FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Planning for a Healthier Food Environment	In this course, developed by OHID, UKHSA and Fuse, you will discover how urban planning and public health intersect to create healthier communities. With practical applications and illustrative insights, this course will help you achieve strategic public health priorities while supporting sustainable economies. Planning for a Healthier Food Environment - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Starting Out in Health and Social Care Research	Get step-by-step guidance on every stage of the research process to kickstart your career in health and social care research. Starting Out in Health and Social Care Research - Online course - FutureLearn	8 weeks, 2 hours per week. Available now. A free upgrade of this course is available for NHS and NHS-affiliated staff.
Play Full: Getting Creative with Design Thinking in Health and Care – Kings Fund	Bring more creativity to your work in health and care and develop innovative problem-solving practices with design thinking. Play full: getting creative with design thinking in health and care	4 weeks, 2 hours per week. Available now.
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK). Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.