

# ADPH NE GAMBLING HARMS PROGRAMME

Welcome to the North East Gambling-Related Harms Programme April 2025 newsletter. We are working to develop a regional approach to tackle the harm caused by gambling across the North East.

## FREE ONLINE WEBINAR:

Gambling Harm and Neurodiversity

**Thu, 26 Jun 2025 10:00 - 12:00 BST**

This event from **The Scottish Gambling Education Hub** explores the complex issue of gambling harms and how it affects people with neurodiversity.

Reserve a place [here](#).

## FREE ONLINE WEBINAR:

Trauma and Gambling-Related Harms Toolkit Launch Webinar

**Tues, 20 May 2025 11:00 - 12:00 BST**

This toolkit was commissioned, funded and co-developed by the **Department of Public Health at Manchester City Council** in collaboration with **Chapter One**.

Reserve a place [here](#).

## PODCAST: Inside the Commission

This new podcast from The Gambling Commission explores the principles, challenges, and operations behind the regulation of betting, gaming, and lotteries.

You can access the first two episodes via YouTube [here](#).

The podcast is also available on Spotify and Apple Podcasts.

## PODCAST: Changing the Odds BBC Radio 4

Journalist Lydia Thomas teams up with industry insider Stewart Kenny, one of the founders of betting giant Paddy Power, to examine the impact of the 2005 Gambling Act 20 years later.

The podcast can be found online [here](#).

## In this edition, you'll find national, regional and local updates and insight.

Regionally, we share details of the new Making Every Contact Count (MECC) Gambling Harms training module that is soon to launch and an updated Regional Gambling Harms Health Needs Assessment.

Across the 12 North East Local Authorities, steering groups are growing and Health Needs Assessments have been published or are in development. Please see an opportunity below to share insight via the Hartlepool Borough Council survey.

Thank you for the continued efforts in working to tackle gambling harms.

## MECC (Making Every Contact Count) Gambling Harms Training Module

A new MECC Gambling Harms training module will shortly be launched. This has been co-produced by a variety of stakeholders across the region.



The module aims to upskill professionals about the topic area of gambling harms, how to deliver a gambling harms brief intervention and where to signpost to for treatment and support services across the North East.

A huge thank you to everyone that has been involved in supporting the development of this regional resource.

We will share more soon, but you can keep an eye out for the module via the [MECC Boost Platform](#) and find out more about support services in the North East via the [MECC Gambling Harms page](#).

## Updated Regional Gambling Harms in the North East: Health Needs Assessment

The second version of 'Gambling Harms in the North East: Regional Health Needs Assessment' has been published.

The Regional Health Needs Assessment features:

- An introduction to gambling harms and insights on why people gamble
- An overview of how people experience gambling harms
- Insights of where people gamble in the North East
- Insights on gambling harms treatment services in the North East
- Identification of data gaps and recommendations for improving these gaps.

With thanks to the ADPH NE Lived Experience Forum, NECA and the NHS Northern Gambling Service for their contributions to this report.

Please access the Regional Health Needs Assessment [here](#).

## Hartlepool Participants Needed for Research Survey

Volunteers are needed to complete a short survey aimed at Hartlepool residents regarding Gambling and Support Services in Hartlepool.



The purpose of this survey is to develop an understanding of views of individuals in Hartlepool who may be at risk of gambling related harms.

Access the survey [here](#).

*Future opportunities to participate in ADPH North East Gambling Harms research projects will be shared in upcoming newsletters.*

## Health and Social Care Select Committee Oral-Evidence Session: Gambling-Related Harms

The Health and Social Care Select Committee hosted a one-off oral evidence session on gambling-related harms on 2nd of April, 2025.

Two panels of expert witnesses responded to MP's questions and provided insight for the wider gambling landscape, what is needed to develop an effective public health response to gambling-related harms, and the role of the Government and other associated bodies in leading and delivering this work.

The recording can be accessed [here](#).

### IN THE NEWS

**Gambling Commission Update: Gambling Promotions to be Safer and Simpler**

Read article [here](#).

**Gambling Commission Blog Post: Young People's Experiences of Gambling – Qualitative Research Findings**

Read post [here](#).

**BBC News: Public Health Boss Wants Crackdown on Gambling Ads**

Read article [here](#).

**The Guardian: Revealed - Betting Companies' Huge Financial Influence in European Football**

Read article [here](#).

**Sky News: 'I gambled away £1m, two marriages and tried to take my life - but I'm still seeing adverts'**

Read article [here](#).

## Research Corner

**\*These articles have been checked for any conflicts of interest or industry funding. None were identified.**

Treatment for the concerned significant others of gamblers: A systematic review.

**[Click here](#)**

The association between health related quality of life and problem gambling severity: A cross-sectional analysis of the Health Survey for England

**[Click here](#)**

The density of electronic gambling machines and area-level socioeconomic status in Finland: A country with a legal monopoly on gambling and decentralised system of EGMs

**[Click here](#)**

Differences in perceived and experienced stigma between problematic gamblers and non-gamblers in a general population survey

**[Click here](#)**

## Gambling Harms Lived Experience Network Online Forum

The lived experience forum supports regional and local work with representatives from across the region. Members offer insight and expertise to a variety of pieces of work and we continue to be incredibly grateful for their contributions.

If you know anyone who has been impacted by gambling harms, either themselves directly or as an affected other, and may be interested in joining this network, please contact: **[GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk)**

## 2024 'Young People and Gambling Survey' dataset now available

The 'Young People and Gambling Survey' explores young people's attitudes toward gambling and their participation in different types of gambling activities, designed to provide a means of tracking these perceptions and behaviours over time.

This data set can be accessed via the UK Data Service **[here](#)**.

## LOCAL PUBLICATIONS

- [Gambling-Related Harms in Sunderland: Health Needs Assessment](#)
- [North Tyneside Joint Strategic Needs Assessment: Gambling](#)

## GET IN TOUCH

Thank you for supporting and working towards reducing Gambling-Related Harms in our region!

If you would like us to include anything else in our next newsletter, please email the Gambling Harm Reduction office: **[GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk)**

For more information about the North East Gambling Harms Programme **[click here](#)**.