



ADPH NE GAMBLING HARMS PROGRAMME

Bi-monthly Newsletter

Welcome to the North East Gambling-Related Harms programme newsletter. We are working to develop a regional approach to tackle the harm caused by gambling across our region.

Great work is happening within our local authorities, including gambling harm workshops in Hartlepool and steering groups well underway in Sunderland and Newcastle upon Tyne. Sunderland City Council have also published a report on stigma and gambling which can be found below. This edition also includes The Recovery Toolkit podcast which is recorded in the North East, sharing experiences of recovery. With thanks to all 12 local authorities and the array of wider stakeholders who are working tirelessly to support those in our communities experiencing gambling harms.

Research Corner*

A cross sectional study of gambling among employees in Swedish work places - [Click here](#)

A pilot study exploring prison workers' knowledge, views, and opinions about gambling harms in two Finnish prisons with a view to improving training and to developing better guidelines for identifying and responding to gambling harms - [Click here](#)

Study protocol for a pilot cluster randomised controlled trial of PROGRAM - A (preventing gambling-related harm in adolescents): a secondary school-based social network intervention - [Click here](#)

Video game loot boxes are linked to problem gambling: Results of a large-scale survey - [Click here](#)

Should screening for risk of gambling-related harm be undertaken in health, care and support settings? A systematic review of international evidence - [Click here](#)

*These articles have been checked for any conflicts of interest or industry funding. None were identified.

NEW GAMBLING SURVEY FOR GREAT BRITAIN

The Gambling Commission have launched a new gambling survey for Great Britain. The 2023 survey had over 9000 respondents. The report has been published and can be found [here](#). You can watch the Gambling Survey for Great Britain Launch [here](#).

ONLINE EVENTS

Check out these two webinars on supporting those in the workplace experiencing gambling harms.

The first is 'Women, Work, and Wagers: Recovery from Gambling Addiction' designed for HR and wellbeing leads to understand and support employees. Taking place on 3rd September 2024 from 12 - 1pm, book your free place [here](#).

The second is 'Betting on Recovery: HR's Guide to Supporting Employees through Gambling Addiction.' This takes place on 11th September 2024, from 12-1pm. Book your free place [here](#).

Words Matter: A Language Guide for respectful reporting

The University of Glasgow and Gambling Research Glasgow have produced a language guide for respectful reporting on gambling. The ADPH NE Gambling Harms Programme was able to contribute to the development of this resource via focus groups. These resources are designed to ensure language choices do not stigmatise, blame or shame those experiencing gambling harms. These resources can be used when producing documents or communications, especially when working with those who have lived experience of gambling harms. Please access the resources [here](#).

Gambling Stigma in Sunderland report

Sunderland City Council commissioned Urban Foresight to conduct in-depth research into gambling-related harms and associated stigma. Please access the full report [here](#).

Regulation Changes

As of the 30th August 2024, remote operators will be required to conduct light touch vulnerability checks with a net deposit of more than £500 a month on gambling. This figure will then reduce to £150 a month from 28th February 2025. Read more about this from the Gambling Commission [here](#).

Additionally, there will be a tightening of age verification in premises from 30th August 2024. This means all gambling land-based licensees must carry out age verification test purchasing. This will be in line with anyone who appears to be under 25 years of age, rather than the previous guidance of 21 years of age. Find out more about this [here](#).

The Scottish Gambling Education hub also run free webinars. One of their upcoming special topic webinars explores 'Young People & there Exposure to Gambling Harms in Digital Games.' Taking place on the 5th September from 10 - 12, book your free place [here](#).

AUSTRALIAN GAMBLING ADVERTISING BAN INSIGHT

Samantha Thomas, Professor of Public Health at Deakin University, provides insight into the parliamentary inquiry and proposed laws to limit gambling advertising in Australia. Read the full article [here](#) to learn how the gambling industry is pulling out all the stops to prevent an ad ban, but the evidence is against it.

ADPH NE GAMBLING HARM RESOURCES

There are a variety of resources on the ADPH NE website, including a [Gambling Harms Slide Deck](#). This is a resource that can be used for training or presentations. This is designed for you to be able to pick and choose which slides are applicable to your audience and covers the scopes of harms and where you can access support in the North East. Additionally, you can find our [practical guide to tackling gambling harms in your local authority](#) on the ADPH NE website too. We also have a language guide, created in collaboration with Greater Manchester Combined Authority and ADPH Yorkshire and Humber, which can be [found here](#).

Hartlepool Gambling Harms Workshops

Workshops have been taking place in Hartlepool with VCSE organisations, such as West View Advice Centre and Citizen's Advice Hartlepool. Content for the presentations has been adapted from the ADPH NE Gambling Harms [slide deck](#). Hear from Abby Reay who has been leading the workshops, "Delivering the workshops within Hartlepool has been interesting. For me, it was surprising the lack of information out there regarding signposting to services in the area. I think we need to get more comfortable with asking questions around gambling harms and ensure those who need it are supported in the right way."

The Recovery Toolkit Podcast

The Recovery Toolkit Podcast is shining a light on gambling harm recovery in the North East. A podcast brought to you by the [EPIC Restart Foundation](#), a UK charity that helps people rebuild a positive life after gambling harm. Join Richie and his guests, many of whom are from the North East, as they tell their stories of Recovery and share the tools that help them manage their recovery. With 18 episodes so far, you can listen on [Spotify](#), [Youtube](#) or [PodBean](#).

Gambling Harms Lived Experience Forum

We have a lived experience forum for gambling harms in the North East. This forum runs virtually. If you know anyone who has been impacted by gambling harms, either themselves directly or as an affected other, and they may be interested in joining this network, please contact: GHR@middlesbrough.gov.uk

PUBLICATIONS TO SHARE

OHID Gambling treatment need and support in England: [main findings and methodology](#)

NICE draft guidelines on [Harmful Gambling](#)

LGA Tackling gambling related harm: [A whole council approach](#)

Gambling Commission [Young People and Gambling report](#)

Perceptions of [gambling marketing among young adult gamblers in Ireland](#) report

Birmingham City Council Harmful Gambling & Tenancy Security [Report & Intervention Framework](#)



GET IN TOUCH

Thank you for supporting and working towards reducing Gambling-Related Harms in our region!

If you would like us to include anything else in our next newsletter, please email the Gambling Harm Reduction office: GHR@middlesbrough.gov.uk

For more information about the North East Gambling Harms Programme [click here](#).