

Public Health CPD Calendar 2024

Remote access/face to face learning opportunities

<p>NEW</p> <p>11 Sept</p> <p>17 Sept</p>	<p>Maximising Population Health and Prevention in Curricula</p> <p>Toolkit launch events</p> <p>Agenda and further details will follow.</p>	<p>Online Events</p> <p>10:00-12:00</p> <p>12:30-14:30</p>	<p>To register your attendance on your preferred date, please follow the appropriate link:</p> <p>Webinar 1: Wednesday 11th September 2024 at 10am-12pm – Click here to register</p> <p>Webinar 2: Tuesday 17th September 2024 at 12.30-14.30pm – Click here to register</p>
<p>19 Sept</p>	<p>What can local government in England do to tackle the leading risk factors for ill health?</p> <p>This Health Foundation webinar will discuss how local authorities in England can collaborate across their teams and directorates to tackle tobacco, alcohol and unhealthy food.</p>	<p>Online Event</p> <p>11:00-12:15</p>	<p>More details and registration link here</p>
<p>14 Oct</p>	<p>North East & Yorkshire Leadership Academy Exploring Mentoring</p> <p>Mentoring is defined as a formal relationship with the aim of supporting the development and/or goals of the other person (the mentee). The mentee will be able to identify a way that the mentor could help, by sharing past learning or experiences, offering guidance or making links across work networks etc.</p>	<p>Online Event</p> <p>13:00-14:00</p>	<p>For aspiring mentors – RSVP here to explore:</p> <ul style="list-style-type: none"> - The qualities of a great mentor - The building blocks of a mentor relationship - How to register as a mentor - <p>*<u>Please note</u>: priority on NHS North East & Yorkshire Leadership Academy training is given to NHS partner colleagues. However, if workshops or courses aren't full, places will open up to all</p>

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SAVE THE DATES	Menopause webinars hosted by OHID (NE&Y)	Online Events	This project forms part of cross-cutting work in the Y&H OHID Healthy and Wellbeing team to identify any gaps or opportunities for joint working regarding menopause
16 Oct	General webinar on menopause	10:00 -11:30	
23 Oct	Focus on menopause in the workplace	10:00 -11:30	<p>Audience: A wide range of partners and colleagues from public health and health system</p> <p>Aim: To build knowledge, understanding and confidence about menopause and showcase examples of good practice</p> <p>Further details to follow</p>

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Public Health Intelligence Online ([PHI/Online](#)) from the Office for Health Improvement and Disparities (OHID) brings together the public health intelligence community of England to connect with their Local Knowledge and Intelligence Service and the wider public health intelligence (PHI) community, discover the resources open to them and learn and develop their analytical skills.

PHI/Online aims to become a one-stop-resource for public health intelligence content, including:

- News and events
- Training
- National discussion forum
- Tools and resource, and
- Regional areas for local resources and local discussion

If you are not already registered with FutureNHS you will be required to sign up and then navigate to the Public Health Intelligence Online workspace. By joining this group, you will be added to the LKIS national member database held centrally by LKIS. This database is used as a secondary resource to send out information on events, updates and training opportunities related to LKIS and other related stakeholders. If you do not wish to be part of this list, please email LKISNorthEastandYorkshire@dhsc.gov.uk

Foundation Programme in Public Health

The Foundation Programme in Public Health is running again in the North East and Yorkshire with sessions for level 1 and 2 scheduled to run throughout the year up until October 2024.

This programme is designed to support the development of social care and the *wider* public health workforce in their knowledge and understanding of health inequalities and population health.

For further details including registration, please see the link below:

[Foundation Programme in Public Health for North East and Yorkshire & Humber Organisations \(cloud.microsoft\)](#)

For any queries about the programme, please contact FPPHqueries@barnsley.gov.uk

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services.

Population Health Academy

The Population Health Academy on [FutureNHS](#) is for anyone using data and insights to improve patient care, drive collaboration and prioritise prevention through place-based partnerships and integrated neighbourhood teams.

A suite of PHM communications assets is now available to help systems promote local and national eLearning offers.

These [assets](#) bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework '**Know, Connect, Prevent**', a short explainer film **[PHM: proactive, targeted healthcare for your community](#)** and three short films showing 'what PHM means to me' as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

Health Protection modules now available: Fundamentals of Health Protection

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

Key audiences for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following [link](#) for more information.

All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are currently **33** e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing
- giving children the best start in life
- health disparities and health inequalities
- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.
<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

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FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now. Free access expires 6 August
Working with People and Communities to Improve Health Outcomes	Learn how to engage with different people and communities to reduce inequalities and ensure inclusive access to healthcare. Working with People and Communities to Improve Health Outcomes - FutureLearn	2 weeks, 3 hours per week. Available now. Free access expires 12 August
City Liveability: The Intersections of Place, Mobility, and Health	Understand how places, urban mobility and health impact each other, and use your knowledge to design sustainable cities. City Liveability - Online Course - FutureLearn	2 weeks, 2 hours per week. Available now. Free access expires 12 August
Supporting Physical Development in Early Childhood	Learn how to ensure young children do enough physical activity and how it improves child mental and physical health development. Physical Activity for Young Children and Babies - FutureLearn	6 weeks, 3 hours per week. Available now. Free access expires 27 August

UK Learns is an online portal offering UK workers access to free online courses to kick-start or develop their careers. It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).