


## Remote access/face to face learning opportunities

<p><b>NEW</b> Thursday 1<sup>st</sup> February</p>	<p><b>Mental Health Services - The local authority perspective on community mental health transformation and collaboration</b></p> <p>In this webinar we will be sharing the findings from the recent survey completed by Local Authorities on adult mental health service. We will also launch our new Top Tips how Local Authorities, in particular social care, can lean in and provide leadership through effective collaboration in the delivery of adult mental health services.</p>	<p>10.00-11.30 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Wednesday 7<sup>th</sup> February</p>	<p><b>Tackling exploitation and modern slavery in Adult Social Care webinar</b></p> <p>In this webinar we will hear how some councils are working with national and local partners to identify and manage the risks of exploitation and modern slavery in adult social care.</p>	<p>11.00-12.30 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Tuesday 20<sup>th</sup> February</p>	<p><b>Health in an ageing society – Chief Medical Officer’s Annual Report 2023</b></p> <p>Confirmed speakers:</p> <ul style="list-style-type: none"> <li>• Professor Chris Whitty, Chief Medical Officer for England</li> <li>• Cllr Beccy Hopfensperger, Cabinet Member for Adult Care, Suffolk County Council (Chair)</li> </ul> <p>Useful link: <a href="#">Health in an Ageing Society</a> – Chief Medical Officer’s Annual Report 2023</p>	<p>14.00-15.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Free to LGA members and Government Departments</b></p>
<p><b>NEW</b> Thursday 29<sup>th</sup> February</p>	<p><b>Embedding Personalised Care Conference – A System Approach to Improving Lives</b></p>	<p>09.30-16.30 GMT</p>	<p>Follow this <a href="#">link</a> to register.</p>

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	<p>This conference will showcase the Personalised Care work currently being undertaken by all sector partners in North Cumbria and the wider region. It will inspire and support you to produce personal and team goals, whilst empowering you to lead and influence others to improve the care of our service users. The event will give opportunity to network with the teams delivering Personalised Care, highlighting roles, case studies and how services are embedded across the region.</p> <p>Leaders in Personalised Care from across the region will explain the project so far, strategic overview, data, related policies and evidence to show how the work looks from a system view. Keynote speaker will deliver presentations on how Personalised Care relates to population health and how lived experience can impact service delivery and improved outcomes. There will also be workshops on topics such as 'Green Social Prescribing', 'Embedding shared decision making into practice', 'Partnership working' and 'Peer leadership'.</p>	<p>The Beacon, Newcastle</p>	<p><b>Who should attend?</b> This session is suitable for all staff and volunteers across the North East and North Cumbria health and care system we would especially encourage people who are leaders across the system to attend. If you have any queries about your eligibility to attend, please get in touch.</p> <p style="text-align: center;">               FINAL Event              promotion poster 2.pr         </p>
<p><b>NEW</b> Thursday 7<sup>th</sup> March</p>	<p><b>Dialogue and Change Showcase Event</b></p> <p>This event will provide an overview of the ‘Dialogue and Change’ pilot project to develop innovative ways of evaluating the impact of public and community involvement in research from the perspective of public contributors.</p> <p>It will be delivered by Felicity Shenton ARC Public Involvement and Community Engagement (PICE) Manager, and Emma Rogan Investing in Children Development Manager.</p>	<p>13.00-15.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>

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	<p>The event will include presentations from two projects that achieved the award, and input from public contributors who took part in the evaluations.</p> <p>It will also reflect on lessons learnt from the pilot.</p>		
<p><b>NEW</b> Tuesday 19<sup>th</sup> - Thursday 21<sup>st</sup> March</p>	<p><b>LGA / ADPH Annual Public Health Conference 2024 (virtual event)</b></p> <p>This key annual public health conference will offer delegates the opportunity to hear from leading expert speakers on the very latest thinking in national public health policy issues, as well as gaining insights from those delivering on the ground. It will again provide a much-needed opportunity for the public health community to come together, share learning, take stock and plan for the future.</p> <p>This year’s conference will focus on exploring the future of public health, with a keen eye on local government and system-wide perspectives. It will provide practical insights and strategic discussions to inform and address the evolving needs of our communities.</p> <p>Over three half-day virtual sessions, delegates will be able to put their questions and comments to a stellar line up of speakers and will have the opportunity to participate in sessions sharing good practice from local areas and to discuss issues that matter to them.</p>	<p>09.30-13.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Wednesday 20<sup>th</sup> March</p>	<p><b>Homelessness and Safeguarding Webinar</b></p> <p>Speakers will provide insights, inspirations and challenges to support improvement and change in how people experiencing homelessness are safeguarded.</p>	<p>14.00-16.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>

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<p><b>NEW</b> Wednesday 4<sup>th</sup> – Friday 6<sup>th</sup> September</p>	<p><b>Society for Social Medicine Annual Scientific Meeting</b> <b>University of Strathclyde</b></p> <p>The main points to note are that:</p> <ol style="list-style-type: none"> <li>1. The deadline for Free Place Application is Monday 4th March 2024, 23:59 (GMT).</li> <li>2. The free places cover conference registration, travel, and accommodation.</li> <li>3. To be eligible you need to be an Society for Social Medicine &amp; Population Health (SSM) member, which you can find out about here: <a href="https://socsocmed.org.uk">Membership – Society for Social Medicine &amp; Population Health (socsocmed.org.uk)</a>.</li> </ol>	<p>University of Strathclyde, Glasgow, UK</p>	<p>Follow this <a href="#">link</a> to the application form for free and subsidised places.</p>
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## **e-learning for healthcare (e-LfH)**

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services.

### **Introduction to Population Health Management module and communications assets published.**

The refresh of the Introduction to PHM eLearning module is now complete along with a suite of PHM communications assets to help systems promote local and national eLearning offers.

These assets bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework '**Know, Connect, Prevent**', a short explainer film **PHM: proactive, targeted healthcare for your community** and three short films showing 'what PHM means to me' as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Here are the finished links available on the Population Health Academy:

### **PHM communications assets**

### **Population Wellbeing Portal**

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

#### **Highlights:**

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

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### All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **33** e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing
- giving children the best start in life
- health disparities and health inequalities
- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: [www.e-lfh.org.uk/programmes/all-our-health/](http://www.e-lfh.org.uk/programmes/all-our-health/).

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### **Health Protection modules now available: Fundamentals of Health Protection**

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

**Key audiences** for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following [link](#) for more information.



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### Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email [sdsig@fph.org.uk](mailto:sdsig@fph.org.uk)

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### FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course <a href="#">Musculoskeletal Health - Public Health Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. <a href="#">Leading with Kindness and Compassion - Health &amp; Social Care Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. <a href="#">Tackling Public Health Issues: Concepts &amp; Evidence - Online Course - FutureLearn</a>	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. <a href="#">Overcoming Imposter Syndrome - Free Online Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.

**UK Learns** is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).