

## Remote access/face to face learning opportunities

Ongoing	<p><b>Behind the Curtain</b></p> <ul style="list-style-type: none"> <li>• <b>What:</b> Behind the Curtain are informal introductory/refresher sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga!</li> <li>• <b>Why:</b> Something we often hear from people who use our services is that ‘I haven’t used the resource since the training’ or ‘I would like to do more of it – but I just don’t have the time’. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you)</li> </ul>	<p><b>When:</b> 45 minutes on the 2<sup>nd</sup> Thursday of every month. The next session is on <b>Thursday 12<sup>th</sup> October 2023 @12.30-1.15pm</b></p>	<ul style="list-style-type: none"> <li>• <b>Who/How:</b> The sessions are primarily aimed at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: <a href="#">Click here to join the meeting</a></li> <li>•(by) <b>Whom:</b> Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge!</li> </ul> <p>They also offer in-depth training for groups and individuals. More information can be found here: <a href="https://ukhsalibrary.koha-ptfs.co.uk/training/">https://ukhsalibrary.koha-ptfs.co.uk/training/</a> and if you or your team has a specific need, please just get in touch. For more information – and to receive the invite please contact <a href="#">Michael directly</a></p>
<b>NEW</b> Thursday 28 <sup>th</sup> September	<p><b>Ensuring virtual wards are a positive option for the future</b></p> <p>Virtual wards have the potential to improve patient experience by enabling them to receive care at home, and to alleviate workforce pressures by freeing up staff time.</p>	<p>12.00-13.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<b>NEW</b> Thursday 28 <sup>th</sup> September	<p><b>What Good Looks Like Webinar Two: Improving Care &amp; Empower People</b></p> <p>The PCH Digital Transformation in Adult Social Care team are hosting a series of webinars following the launch of the What</p>	<p>11.00-12.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who should attend?</b> Local authorities</p>

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	<p>Good Looks Like (WGLL) for Digital Adult Social Care. We invite everyone with an interest in this area to join any or all of these four webinars as we explore each of the seven success measures stated in WGLL and hear from local authorities across the country who share their learning.</p> <p>This Webinar looks at Improving Care and Empower People which looks at putting citizens at the heart of the framework as well as co-producing throughout the sector.</p>		
<p><b>NEW</b> Tuesday 3<sup>rd</sup> October</p>	<p><b>Moving Communities: How the programme can support local authorities to measure and evidence the value of public leisure services</b></p>	<p>10.00-11.30 GMT  Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who should attend?</b> Local authorities</p>
<p><b>NEW</b> Wednesday 4<sup>th</sup> October</p>	<p><b>National Partnership Agreement: Right Care, Right Person - Health and Social Care webinar</b></p> <p>The Department of Health and Social Care, NHS England and the National Police Chiefs' Council will be hosting a webinar to talk about the <a href="#">National Partnership Agreement</a> (NPA) and what this means for Health and Social Care. Please see background information and the agenda below.</p>	<p>13.00-14.00 GMT  Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p> <p>Please feel free to share this with wider Health and Social Care colleagues and partners who may be interested.</p>
<p><b>NEW</b> Monday 9<sup>th</sup> October</p>	<p><b>Food Insecurity: regional research, national impact</b></p> <p>This hybrid event, organised by Professor Amelia Lake and Dr Helen Moore, will explore what we can learn from research and community led project delivery practices in the North East and North Cumbria, and how we can support more people and organisations to get involved in academic research.</p>	<p>9.30-13.00 GMT  Hybrid Event  Teesside University (and online).</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who is the event for?</b></p> <p>Anyone and everyone who is interested in food insecurity, community led interventions, food policy and socio-economic inequalities from a public health perspective, including colleagues from community and voluntary sector, local authorities, health and care</p>

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			settings and public and community members and academic researchers.
Tuesday 10 <sup>th</sup> October	<p><b>Inclusion Conference: Achieving Equality, Diversity and In</b> The North East and Yorkshire Leadership Academy team invite you to join us to explore the top 3 most common challenges in inclusion:</p> <ol style="list-style-type: none"> <li>1. Staff Retention and Work Force – Create an Inclusive Culture</li> <li>2. Networking groups – get resources and senior backing</li> <li>3. Staff Engagement – Avoid a strand specific approach</li> </ol>	<p>09.00-16.00 GMT</p> <p>Radisson Blu, Frankland Lane, Durham, DH1 5TA.</p>	<p>Follow this <a href="#">link</a> to register.</p> <p>Agenda to follow.</p>
<b>NEW</b> Thursday 12 <sup>th</sup> October	<p>Webinar: What will it take to bring improvement from the margins into the mainstream?</p> <p>Chair: Dr Malte Gerhold, Director of Innovation and Improvement, The Health Foundation</p> <p>Speakers:</p> <ul style="list-style-type: none"> <li>• Dr Ailsa Brotherton, Director, Continuous Improvement, Lancashire Teaching Hospitals NHS FT</li> <li>• David Fillingham, Chair, Lancashire &amp; South Cumbria NHS FT</li> <li>• Dr Neil Goulbourne, Chief Strategy Officer, Lewisham and Greenwich NHS Trust</li> <li>• Penny Pereira, Managing Director, Q – The Health Foundation</li> </ul>	<p>14.15-15.30 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<b>NEW</b> Monday 23 <sup>rd</sup> October	<p><b>Adult social care in crisis: How can a fair, sustainable adult social care sector be created?</b></p>	<p>11.00-13.00 GMT</p>	<p>Follow this <a href="#">link</a> to register.</p>

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	<p>Care workers provide vital services yet there is a growing crisis in adult social care. The population is ageing, staff vacancies are high and home care and residential care providers are struggling to recruit and retain staff.</p> <p>Please join us for an exciting discussion and networking workshop which will explore these issues.</p> <p>Live performances from the 'Beyond Caring' play (based on interviews with staff, residents and relatives) will be used to spotlight challenges in adult social care.</p>	<p>Northumbria University, City Campus</p>	<p>We aim to bring together a wide range of stakeholders including care workers, those with lived experience of care, care providers, practitioners, commissioners, the voluntary sector, health and social care staff and students and researchers to help shape research proposals and policy and practice recommendations.</p> <p>This event is supported by the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC).</p>
<p><b>NEW</b> Thursday 26<sup>th</sup> October</p>	<p><b>What Good Looks Like Webinar Three: Well Led &amp; Support Workforce</b></p> <p>This Webinar looks at Well Led and Support Workforce which explores digital culture from across the workforce from boards and governance to carers and business support.</p>	<p>11.00-12.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p>Thursday 9<sup>th</sup> November</p>	<p><b>What will the NHS look like at 100?</b></p> <p>REAL Challenge annual lecture</p>	<p>11.00-12.30 GMT</p> <p>Hybrid Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Thursday 2<sup>nd</sup> November</p>	<p><b>What Good Looks Like Webinar Four: Healthy Populations</b></p> <p>This Webinar looks at Healthy Populations and the future of technology which explores how data and tech is used collaboratively within Social Care.</p>	<p>11.00-12.00 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who should attend?</b> Local Authorities</p>
<p><b>NEW</b> Thursday 9<sup>th</sup> November</p>	<p><b>Strengthening mental health research and practice in our region</b></p> <p>An event led by the NIHR ARC North East and North Cumbria, supported by Fuse, the Centre for Translational Research in Public Health.</p>	<p>10.00-15.00 GMT</p> <p>St James Park, Newcastle Upon Tyne</p>	<p>Follow this <a href="#">link</a> to register.</p> <p>This event is aimed at anyone who has an interest in strengthening mental health research and practice, and developing an integrated approach to mental health research and care delivery, in our region. This could include researchers, practitioners and policy makers, mental health service commissioners</p>

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	The event will include a mix of speakers, interactive sessions, short presentations with Q&As, and an opportunity to share views and feedback on mental health research priorities for our region.		and providers, voluntary and community sector providers, those with lived experience, public members or service users.
Wednesday 15 <sup>th</sup> November	<p><b>North East Public Health Showcase Event</b></p> <p>The North East Public Health Showcase event will showcase the wide range of work done by those working towards becoming a Public Health consultant in the North East through the specialty training programme or via the portfolio route to registration. The Showcase will allow trainees, portfolio route colleagues, and the wider Public Health workforce to share learning, reflect on their work/training experiences, and network with colleagues from across the region.</p>	<p>10.00-16.00 GMT</p> <p>The World, South Shields, NE33 1JF.</p>	<p>Follow this <a href="#">link</a> to register.</p> <p>The Word is accessible by bus, metro, or ferry and car parking is available at nearby car parks. <a href="https://theworduk.org/visit-us/getting-here/">https://theworduk.org/visit-us/getting-here/</a></p>

## e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

## Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

### Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

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### All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing
- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities
- healthy eating

To access the e-learning sessions visit: [www.e-lfh.org.uk/programmes/all-our-health/](http://www.e-lfh.org.uk/programmes/all-our-health/).

## Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email [sdsig@fph.org.uk](mailto:sdsig@fph.org.uk)



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### FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course <a href="#">Musculoskeletal Health - Public Health Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. <a href="#">Leading with Kindness and Compassion - Health &amp; Social Care Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. <a href="#">Tackling Public Health Issues: Concepts &amp; Evidence - Online Course - FutureLearn</a>	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. <a href="#">Overcoming Imposter Syndrome - Free Online Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.

**UK Learns** is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).