


**Remote access/face to face learning opportunities**

<p>Ongoing</p>	<p><b>Behind the Curtain</b></p> <ul style="list-style-type: none"> <li>• <b>What:</b> Behind the Curtain are informal introductory/refresher sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga!</li> <li>• <b>Why:</b> Something we often hear from people who use our services is that ‘I haven’t used the resource since the training’ or ‘I would like to do more of it – but I just don’t have the time’. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you)</li> </ul>	<p><b>When:</b> 45 minutes on the 2<sup>nd</sup> Thursday of every month. The next session is on <b>Thursday 9<sup>th</sup> November 2023 @12.30-1.15pm</b></p>	<ul style="list-style-type: none"> <li>• <b>Who/How:</b> The sessions are primarily aimed at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: <a href="#">Click here to join the meeting</a></li> <li>•(by) <b>Whom:</b> Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge!</li> </ul> <p>They also offer in-depth training for groups and individuals. More information can be found here: <a href="https://ukhsalibrary.koha-ptfs.co.uk/training/">https://ukhsalibrary.koha-ptfs.co.uk/training/</a> and if you or your team has a specific need, please just get in touch. For more information – and to receive the invite please contact <a href="#">Michael directly</a></p>
<p><b>NEW</b> Wednesday 1<sup>st</sup> November</p>	<p><b>Methods in applied research: Where are we, and where are we going?</b></p> <p>This event will be jointly hosted by the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC)’s Enabling Methodologies theme, and the newly-launched NIHR Research Support Service Hub delivered by Newcastle University and partners.</p>	<p>9.30-17.00</p> <p>The Catalyst, Newcastle Helix, NE4 5TG</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who is the event for?</b></p> <p>The event is open to academic researchers, health and care professionals, community and voluntary sector staff, and community members interested in applied research.</p>

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	The event will provide opportunities for researchers to network and share learning about applied research methodology in the region, and to meet members of the NIHR Research Support Service Hub. You can also hear about progress and the latest developments on a number of research projects funded by the NIHR ARC North East and North Cumbria.		
Thursday 2 <sup>nd</sup> November	<b>What Good Looks Like Webinar Four: Healthy Populations</b>  This Webinar looks at Healthy Populations and the future of technology which explores how data and tech is used collaboratively within Social Care.	11.00-12.00 GMT  Online Event	Follow this <a href="#">link</a> to register.  <b>Who should attend?</b> Local Authorities
<b>NEW</b> Tuesday 7 <sup>th</sup> November	<b>Creating a smokefree generation and tackling youth vaping</b>  In this webinar for elected members and local government officers, Professor Chris Whitty (Chief Medical Officer) will discuss the government's latest announcements on <a href="#">creating a smokefree generation and tackling youth vaping</a> , the consultation content and key evidence underpinning the proposals.	14.00-15.00 GMT  Online Event	Follow this <a href="#">link</a> to register.  <b>Who should attend?</b> Portfolio holders and officers with responsibility for: Public Health, Trading Standards, Education and Environmental Health Directors of Public Health
<b>NEW</b> Tuesday 7 <sup>th</sup> November	<b>Diverse by Design for adult social care: supporting councils to embed fair values, systems and behaviours in the workplace</b>  Partners in Care and Health (PCH) invite you to attend a webinar to hear about the support that we are providing to help councils to embed fair values, systems, and behaviours in the workforce, and to share emerging lessons in how councils are using those resources and other approaches to embed change.	10.00-11.30 GMT  Online Event	Follow this <a href="#">link</a> to register.  <b>Who should attend?</b> People involved in the recruitment and retention of a diverse and inclusive workforce in councils e.g. HR Leads, EDI leads, Workforce Leads
Thursday 9 <sup>th</sup> November	<b>What will the NHS look like at 100?</b>  REAL Challenge annual lecture	11.00-12.30 GMT  Hybrid Event	Follow this <a href="#">link</a> to register.

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<p>Thursday 9<sup>th</sup> November</p>	<p><b>Strengthening mental health research and practice in our region</b></p> <p>An event led by the NIHR ARC North East and North Cumbria, supported by Fuse, the Centre for Translational Research in Public Health.</p> <p>The event will include a mix of speakers, interactive sessions, short presentations with Q&amp;As, and an opportunity to share views and feedback on mental health research priorities for our region.</p>	<p>10.00-15.00 GMT</p> <p>St James Park, Newcastle Upon Tyne</p>	<p>Follow this <a href="#">link</a> to register.</p> <p>This event is aimed at anyone who has an interest in strengthening mental health research and practice, and developing an integrated approach to mental health research and care delivery, in our region. This could include researchers, practitioners and policy makers, mental health service commissioners and providers, voluntary and community sector providers, those with lived experience, public members or service users.</p>
<p><b>NEW</b> Monday 13<sup>th</sup> November</p>	<p><b>Exploring Hepatitis B and Hepatitis C in the North East: Strengthening Collaboration</b></p> <p>The first event in the region to bring partners together to share examples of good practice and identify opportunities for collaboration in the drive towards achieving the elimination of viral hepatitis.</p>	<p>12.30-16.30 GMT</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who is it for?</b> Partners involved or interested in viral hepatitis testing, treatment and prevention in the North East (and North Cumbria).</p> <p> Hepatitis B and C in the North East Event F</p>
<p>Wednesday 15<sup>th</sup> November</p>	<p><b>North East Public Health Showcase Event</b></p> <p>The North East Public Health Showcase event will showcase the wide range of work done by those working towards becoming a Public Health consultant in the North East through the specialty training programme or via the portfolio route to registration. The Showcase will allow trainees, portfolio route colleagues, and the wider Public Health workforce to share learning, reflect on their work/training experiences, and network with colleagues from across the region.</p>	<p>10.00-16.00 GMT</p> <p>The World, South Shields, NE33 1JF.</p>	<p>Follow this <a href="#">link</a> to register.</p> <p>The Word is accessible by bus, metro, or ferry and car parking is available at nearby car parks. <a href="https://theworduk.org/visit-us/getting-here/">https://theworduk.org/visit-us/getting-here/</a></p>
<p><b>NEW</b> Monday 20<sup>th</sup> November</p>	<p><b>How can you meaningfully involve young people in your policy work?</b></p>	<p>15.30-17.00 GMT</p>	<p>Follow this <a href="#">link</a> to register.</p>

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	The event is aimed at organisations wishing to engage young people in policy work. Although it will draw insight from projects focused on the building blocks of health, this event is relevant to all policy work affecting young people.	Online Event	
<b>NEW</b> Tuesday 28 <sup>th</sup> November	<b>Thematic Analysis of Safeguarding Adult Reviews involving Adult Sexual Exploitation</b>  This webinar will provide an opportunity to explore issues and learning from Safeguarding Adults Reviews regarding sexual exploitation. Learning from a thematic review and individual reviews will be shared. Good practice will be showcased, as well as a narrative regarding the ongoing challenges in this area of safeguarding adults work.	14.00-16.00 GMT  Online Event	Follow this <a href="#">link</a> to register.
<b>NEW</b> Thursday 7 <sup>th</sup> December	<b>Tackling antimicrobial resistance - why now and what next?</b>  This free online event will provide an opportunity to discuss why AMR matters, the impact of the UK's approach to tackling it so far, and what more needs to be done.  This event takes place in the context of the government's 20-year vision for antimicrobial resistance and ongoing work to develop the upcoming 2024–29 national action plan for AMR as the current action plan comes to an end.	12.00-13.00 GMT  Online Event	Follow this <a href="#">link</a> to register.
<b>NEW</b> Wednesday 13 <sup>th</sup> December	<b>Preventing children and young people from becoming involved in violence – Youth Endowment Fund</b>  The Youth Endowment Fund (YEF) seeks to prevent children and young people from becoming involved in violence by	10.30-12.00 GMT  Online Event	Follow this <a href="#">link</a> to register.

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	<p>identifying what works and engaging with stakeholders to put this knowledge into practice. This webinar will explore what works to support children, young people and families. It will give an overview of the YEF toolkit with a deep dive into programmes which may include sports interventions, mentoring and A&amp;E navigators.</p>		
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## e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

## Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

## Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

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### All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing
- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities
- healthy eating

To access the e-learning sessions visit: [www.e-lfh.org.uk/programmes/all-our-health/](http://www.e-lfh.org.uk/programmes/all-our-health/).

## Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email [sdsig@fph.org.uk](mailto:sdsig@fph.org.uk)



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### FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course <a href="#">Musculoskeletal Health - Public Health Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. <a href="#">Leading with Kindness and Compassion - Health &amp; Social Care Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. <a href="#">Tackling Public Health Issues: Concepts &amp; Evidence - Online Course - FutureLearn</a>	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. <a href="#">Overcoming Imposter Syndrome - Free Online Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.

**UK Learns** is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).