


Remote access/face to face learning opportunities

<p>Ongoing</p>	<p>Behind the Curtain</p> <ul style="list-style-type: none"> • What: Behind the Curtain are informal introductory/refreshers sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga! • Why: Something we often hear from people who use our services is that ‘I haven’t used the resource since the training’ or ‘I would like to do more of it – but I just don’t have the time’. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you) 	<p>When: 45 minutes on the 2nd Thursday of every month. The next session is on Thursday 14th September 2023 @12.30-1.15pm</p>	<ul style="list-style-type: none"> • Who/How: The sessions are primarily aimed at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: Click here to join the meeting •(by) Whom: Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge! <p>They also offer in-depth training for groups and individuals. More information can be found here: https://ukhsalibrary.koha-ptfs.co.uk/training/ and if you or your team has a specific need, please just get in touch. For more information – and to receive the invite please contact Michael directly</p>
<p>NEW Tuesday 12th September</p>	<p>Webinar: Health in 2040: what could an older population mean for the UK’s health?</p> <p>The Health Foundation’s REAL Centre is publishing a new report that explores the projected health of the population, looking at patterns of illness in the population of England to 2040. We explore with a range of experts what the findings mean for how we might need to change as a society and what can we do to better prepare for the future.</p>	<p>11.45-13.00 GMT</p> <p>Online Event</p>	<p>Follow this link to register.</p>

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<p>NEW Thursday 14th September</p>	<p>Fuse Research Event: Co-production: sharing best practice and applying the principles in your work</p> <p>This event will showcase examples of good practice of co-production in our region.</p>	<p>13.00-17.00 GMT</p> <p>Calman Learning Centre, Durham University</p>	<p>Follow this link to register.</p> <p>Who should attend? Academic researchers, health and care professionals, community and voluntary sector staff and community members interested in co-production.</p>
<p>Tuesday 19th September</p>	<p>Supporting employees with terminal illness</p> <p>Join us to hear from the What Works for Wellbeing Centre and Marie Curie about what employers can do to provide compassionate, flexible, and practical support for an employee who is facing a terminal diagnosis.</p> <p>Confirmed speakers:</p> <ul style="list-style-type: none"> • Joanne Smithson, Head of Implementation and Learning, What Works for Wellbeing • Izzy Baverstock-Poppy, Research Officer, Marie Curie • Chair: Luann Donald, Senior Workforce Adviser, Local Government Association 	<p>10.00-11.30 GMT</p> <p>Online Event</p>	<p>Follow this link to register.</p>
<p>NEW Friday 22ND September</p>	<p>Community Alternatives to Inpatient Care</p>	<p>12.00-14.00 GMT</p> <p>Online Event</p>	<p>Follow this link to register.</p> <p>Who should attend: People working to improve outcomes with people with a learning disability and autistic people within Councils, ICBs and Services.</p>
<p>NEW Tuesday 27th September</p>	<p>Public Health Taster Day</p> <p>Chair: Liz Morgan, Head of School of Public Health Training Programme North East</p>	<p>10.00-13.30 Online Event</p>	<p>Follow the document below for more information and details to register.</p> <p> PH Taster Day Programme 2709202</p>

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<p>NEW Wednesday 28th September</p>	<p>Ensuring virtual wards are a positive option for the future</p> <p>Virtual wards have the potential to improve patient experience by enabling them to receive care at home, and to alleviate workforce pressures by freeing up staff time.</p>	<p>12.00-13.00 GMT</p> <p>Online Event</p>	<p>Follow this link to register.</p>
<p>Tuesday 10th October</p>	<p>Inclusion Conference: Achieving Equality, Diversity and In</p> <p>The North East and Yorkshire Leadership Academy team invite you to join us to explore the top 3 most common challenges in inclusion:</p> <ol style="list-style-type: none"> 1. Staff Retention and Work Force – Create an Inclusive Culture 2. Networking groups – get resources and senior backing 3. Staff Engagement – Avoid a strand specific approach 	<p>09.00-16.00 GMT</p> <p>Radisson Blu, Frankland Lane, Durham, DH1 5TA.</p>	<p>Follow this link to register.</p> <p>Agenda to follow.</p>
<p>NEW Thursday 9th November</p>	<p>What will the NHS look like at 100?</p> <p>REAL Challenge annual lecture</p>	<p>11.00-12.30 GMT</p> <p>Hybrid Event</p>	<p>Follow this link to register.</p>
<p>NEW Wednesday 15th November</p>	<p>North East Public Health Showcase Event</p> <p>SAVE THE DATE</p> <p>The 2023 North East Public Health Showcase Event will take place on the 15 November 2023. This event will showcase the range of work being done by those working towards becoming a Public Health Consultant through the training programme and the portfolio route to registration.</p> <p>An agenda will be circulated in due course.</p>	<p>09.30-16.00</p> <p>Location: To be confirmed.</p>	<p>Information regarding registration will be circulated in due course.</p>

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Core skills in Population Health Intelligence for Analysts training (LA) – LKIS NEY - Core skills in PHI training 8 module course

Priority will be given to Local Authority PH Intelligence colleagues, but if places remain, it may be opened up to the wider system.

More details available from LKISNorthEastandYorkshire@dhsc.gov.uk

Module	Module title	Date & time	Module duration	Sessions
1	Introduction, PHI Concepts & Fingertips	18.09.23 10-1	3 hours	Welcome
				Introduction to LKIS & programme
				Exercise
				Key PHI concepts
				Setting the scene
				Tools - where to look for answers
				Fingertips Demo
				Exercise (breakout rooms)
				Wrap-up
2	Other tools, evidence and bringing it all together	20.09.23 10-1	3 hours	Welcome
				Other tools: Local Health, GBD, SHAPE, WICH&CHIME
				Evidence
				Exercise (including 10mins for evaluation)
				Wrap-up
3	Data sources: part 1	27.09.23 10-12.30	2.5 hours	Welcome
				Introduction to data sources
				Data sources: People (individuals and populations)
				Data sources: People (lifestyles)
				Data sources: Places
				Wrap-up
4	Data sources: part 2	28.09.23 10-12	2 hours	Welcome
				Primary Care and Social Care

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				Acute Care
				Other Care
				Evaluation
				Wrap-up
5	Descriptive statistics, measurement error and applied statistics (including exercises)	2.10.23 10.30 - 12 (lunch), 1-2.30	3 hours	Welcome
				Summarising Data
				Measures of central location
				Measures of spread
				Standard deviation and frequency distributions
				Quantiles
				Theoretical probability distributions
				Understanding variation
				Confidence intervals
				Correlations
				Wrap-up
6	Population health measures and epidemiological methods (including exercises)	4.10.23 1-4	3 hours	Welcome
				What is epidemiology?
				Time, place, person
				Key epidemiological measures of disease frequency
				Birth rates and infant mortality measures
				Rates and standardisation
				Evaluation
				Life expectancy, QALYs & DALYs
				Wrap-up
7	Communicating: audiences, words, data visualisation & infographics	10.10.23 10-1	3 hours	Welcome
				What's the message?
				Understanding and influencing your audience
				Words - writing tips
				Pictures - data visualisation

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				Infographics
				Local authority examples
				Wrap-up
8	Communicating: putting it into practice	12.10.23 10-12	2 Hours	Welcome
				Recap on Infographics - your examples
				Exercise
				Evaluation
				Presentations
				Wrap-up

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

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All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing
- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities
- healthy eating

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

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FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. Leading with Kindness and Compassion - Health & Social Care Course - FutureLearn	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. Tackling Public Health Issues: Concepts & Evidence - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	3 weeks, 2 hours per week. Available now.

UK Learns is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).