Remote access/face to face learning opportunities

Ongoing	**Behind the Curtain** • **What**: Behind the Curtain are informal introductory/refresher sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga! • **Why**: Something we often hear from people who use our services is that 'I haven't used the resource since the training' or 'I would like to do more of it – but I just don't have the time'. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you)	**When**: 45 minutes on the 2nd Thursday of every month. The next session is on **Thursday 8th June 2023 @12.30-1.15pm**	• **Who/How**: The sessions are primarily aimed at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: Click here to join the meeting • (by) **Whom**: Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge! They also offer in-depth training for groups and individuals. More information can be found here: https://ukhsalibrary.koha-ptfs.co.uk/training/ and if you or your team has a specific need, please just get in touch. For more information – and to receive the invite please contact Michael directly
Wednesday 7 June	**Improving workplace health in your locality** The Society of Occupational Health Medicine is running a free virtual webinar, joint with FPH aimed at public health professionals to discuss how to tackle the issue of workplace health locally.	13.00-15.00 GMT Online Event	Follow this link to register.
Thursday 8 June	**Keeping people out of hospital: the potential of diagnostic testing in innovating patient pathways**	12.00-13.00 GMT Online Event	Follow this link to register.

	In the context of the complex challenges across the health and care landscape, including significant workforce shortages and limited clinical capacity, this free online event will consider the role of diagnostics in supporting those working in the system and keeping people out of hospital.		
Tuesday 13 June	**Holistic care for people experiencing homelessness in Northumberland and North Tyneside** This workshop will bring people together to co-produce solutions to improve holistic health and social care for people experiencing homelessness in coastal and rural regions of Northumberland and North Tyneside. This project is a collaboration between Fuse, NIHR Applied Research Collaboration North East and North Cumbria, Newcastle University, Northumbria Healthcare NHS Foundation Trust, North Tyneside Council, Northumberland County Council, Changing Lives, and Northumberland Citizens Advice. **Speaker details** • What is the current situation and context? – TBC • Lived experience perspective – TBC • Sheena Ramsay (Professor of Public Health, Newcastle University and Fuse Senior Investigator) • Steven Thirkle (Research Associate, Newcastle University and Fuse Associate)	09.30-13.00 GMT The Community Hub at Cramlington, Manor Walks Shopping Centre, Cramlington, NE23 6YB	Follow this link to register. **Who should attend?** This event is for people working in health, social care and voluntary sectors, particularly supporting people experiencing homelessness in Northumberland and North Tyneside (whether in commissioning or system-level roles) and people with lived experience. People with regional roles are also very welcome. Local authority practitioners, health and care staff, community and voluntary sector staff, volunteers, people with lived experience and members of the public are encouraged to attend.
Friday 16 June	**Integrated community care to promote healthy ageing** Co-hosted by North of England Commissioning Support (NECS), Fuse (the Centre for Translational Research in Public Health), and the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC)	10.00-15.30 GMT Room 2.16, Dame Margaret	Programme and registration for the event will follow soon. **Who should attend?** This is an inclusive event and anyone with an interest in integrated community care and healthy ageing is

	A full day to hear from current researchers and practitioners on the outcomes from research, up and coming work and local priorities around healthy ageing and integration of services across the North East and North Cumbria. In addition, there will be interactive sessions to co-produce key research and evaluation questions for future work.	Barbour Building, Newcastle University	encouraged to attend, including academics, researchers, practitioners, voluntary sectors and members of the public.
Tuesday 20 June	**Fuse Research Event: Creative engagement, impact, and dissemination in research with children, young people, and families** Engagement, dissemination and impact are at the heart of everything we aim to do in Fuse as a Centre for Translational Research. Various different methods and tools are being used and explored across Fuse to achieve these aims, including creative participatory methods to engage with children, young people and families, and the use of podcasts, infographics, animation, theatre, poetry and everything in between.	13.15-16.00 GMT Ground Floor, The Core, Bath Lane, Newcastle Upon Tyne, NE4 5TF	Follow this link to register. **Who should attend?** This is an inclusive event which hopes to bring together a diverse range of people with an interest in engagement, impact and dissemination. Academics, researchers, local authority practitioners, health and care staff, community and voluntary sector staff, volunteers and members of the public are encouraged to attend.
Tuesday 20 June	**Understanding the political causes of health inequalities** Expert discussion presenting an overview of political causes of health inequalities in Scotland, the UK and beyond. Staffordshire University's Centre for Health and Development (CHAD) and the Faculty of Public Health have collaborated on an annual health and inequalities conference since 2018. For this academic year we are hosting a series of bimonthly webinars around health and social inequalities.	12.00-13.00 GMT Online Event	Follow this link to register.
Wednesday 21 June	**Making Every Contact Count: How do you reach 3 million people?** In collaboration with Northumbria University, Durham University colleagues with support from the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC)	09.00-16.30 GMT Teaching and Learning Centre	Follow this link to register. Regional MECC Conference Flyer - Jur

		at Durham University, DH1 3LS	
	ABOUT THE EVENT This free event will provide an opportunity to critically explore Making Every Contact Count (MECC) through interactive sessions delivered by researchers and professionals showcasing current work from the North East and North Cumbria, recommendations and scoping priority areas for further development. During the full day event lunch and refreshments will be provided with a capacity of 150 places available. **KEYNOTE SPEAKERS** Speakers will be announced shortly. Example workshops will include: - Mapping MECC Implementation across the North East and Cumbria - Optimising MECC in Voluntary and Community Settings - Understanding the Implementation of MECC delivered by healthcare professionals in a mental health setting - Could MECC be used to support financial wellbeing? - Embedding MECC within an education setting - How can we use MECC with our green and blue spaces?		
Thursday 21 June	**NIHR Northern Social Care Conference: Shining a spotlight on social care research** This event has been developed by the four NIHR Local Clinical Research Networks (LCRNs) in the North of England, and is supported by the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC).	13.00-15.00 GMT Online Event	Follow this link to register. The conference is primarily aimed at staff who work within or are interested in social care for adults, children and young people. A full agenda will be published shortly.

NEW Friday 22 June	**Implementation and the potential pathways to impact event** This free event provides an opportunity to hear from experts within the field of Implementation and showcases research currently taking place within the ARC North East and North Cumbria.	10.45-14.00 GMT Room D4.05/06, Centre for Professional and Executive Development, Teesside University, Darlington.	Follow this link to register. **Who should attend?** Anyone with an interest in implementation and impact is encouraged to attend, including academics, researchers, practitioners and voluntary sectors. Registration details are at the bottom of the page.
Tuesday 27 June	**North East and North Cumbria Peer Research Community of Practice Launch** Following a successful Peer Research event in January, jointly hosted by NIHR ARC NENC and Fuse, we are inviting you to the online launch event of the North East and North Cumbria Peer Research Community of Practice (CoP).	13.00-15.00 GMT Online Event	Follow this link to register. This event is aimed at: Researchers, PhD/Masters students, Peer Researchers, VCSE and public contributors with an interest in Peer Research.
NEW Thursday 29th June	**Key principles when gathering Behavioural Insights** Jointly delivered by the NIHR Applied Research Collaboration (ARC) North East and North Cumbria, and the Academic Health Science Network (AHSN) North East and North Cumbria. The purpose of this webinar is to describe the key principles of Behavioural Insights (BI), why they are important and how understanding them can improve the care we provide. Leading academics and clinicians with real life experience of	11.00-12.00 GMT Online Event	Follow this link to register. The event will be of interest to the following audiences: • Clinicians working across NENC • AHSN teams • Academic teams

	gaining insights into why people do and do not engage with our health system will provide personal and practical advice.		
NEW Thursday 29th June	**Improving outcomes in cancer care** The government is planning to publish a new Major Conditions Strategy, which encompasses elements of the previously planned dedicated cancer plan, aimed at developing aimed at developing a co-ordinated approach across major conditions and diseases, including cancer. Against this backdrop, this panel discussion will bring together senior leaders from the cancer community to discuss: • putting patients' experiences of cancer treatment at the centre of pathway design and priority areas for improvement • strategies to ensure that the system – already dealing with pressures on workforce, capacity and an intimidating backlog – is equipped to deliver high quality cancer care going forward • how to improve the link between early diagnosis and early treatment, and address inequalities in provision and access.	12.00-13.00 GMT Online Event	Follow this link to register.
NEW Thursday 6th July	**Ask Fuse – 10 year celebration** We'll reflect on what worked and what didn't work with our practice partners, community members, and academic researchers involved in more than 450 AskFuse enquiries since June 2013. We invite you to bring your practice-based research ideas and use the event as an opportunity have discussions with other participants to develop these ideas further. There will be seed	10.00-13.00 GMT Gala Theatre & Cinema, 1 Millennium Place, Durham, DH1 1WA.	Follow this link to register.

	corn funding available for the most translational research project, with further support from Fuse and AskFuse.	

e-learning for healthcare (e-LfH)

e-LfH is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to public health. For example, the Population Health Management Programme includes:

Introduction to Population Health Management – what it is, why it's important and what you need to get started
Assessing Needs - this session describes the main stages in the process to assess needs of a population
A Practical Introduction to Population Segmentation - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories
Risk Stratification - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach
Introduction to Population Health Surveillance - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

Public Health Ethics has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies
Health Equity Assessment Tool (HEAT) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

Population Wellbeing Portal
Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a Population Wellbeing Portal within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- Public Health Professionals which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- Health Inequalities - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing

- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 "knowledge" resources:

K1 Principles of sustainable development

K2 Sustainable economy

K3 Climate change – overview

K4 Health impacts of climate change

K5 Health benefits of action on climate change

K6 Natural capital and ecosystem services

K7 Sustainable food systems

K8 Population stabilisation

and 3 "action" resources:

A1 Reducing greenhouse gas emissions (mitigation)

A5 Health and nature

A8 Adaptation to climate change and health

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF "CPD Model Answers".

https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: https://www.futurelearn.com/ e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**
Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. Leading with Kindness and Compassion - Health & Social Care Course - FutureLearn	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. Tackling Public Health Issues: Concepts & Evidence - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	3 weeks, 2 hours per week. Available now.

UK Learns is an online portal offering UK workers access to free online courses to kick-start or develop their careers.
It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more here.