

Public Health CPD Calendar 2023

Remote access/face to face learning opportunities

Ongoing	<p>Behind the Curtain</p> <ul style="list-style-type: none"> What: Behind the Curtain are informal introductory/refresher sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga! Why: Something we often hear from people who use our services is that ‘I haven’t used the resource since the training’ or ‘I would like to do more of it – but I just don’t have the time’. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you) 	<p>When: 45 minutes on the 2nd Thursday of every month. The next session is on Thursday 12 January 2022 @12.30-1.15pm</p>	<ul style="list-style-type: none"> Who/How: The sessions are primarily aimed at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: Click here to join the meeting (by) Whom: Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge! <p>They also offer in-depth training for groups and individuals. More information can be found here: https://ukhsalibrary.koha-ptfs.co.uk/training/ and if you or your team has a specific need, please just get in touch. For more information – and to receive the invite please contact Michael directly</p>
<p>NEW 1 Feb 2023</p>	<p>Census 2021: data for health In this webinar, we explore how public health teams can best use the latest census data to understand and improve the health of their local populations.</p>	<p>Online Event 14.00-15.15 GMT</p>	<p>Follow this link to register.</p>
<p>NEW 7 Feb 2023</p>	<p>Women and Multiple Disadvantage Staffordshire University’s Centre for Health and Development (CHAD) and the Faculty of Public Health co-host a series of</p>	<p>Online Event 12.00-13.00</p>	<p>Follow this link to register.</p>

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	webinars around health and social inequalities. This is the third in this series, where we will hear about women and how they experience multiple disadvantages, covering topics such as homelessness and domestic abuse.	GMT	
NEW 8 Feb 2023	No homeless veterans: Help Local Authorities identify and respond to the need of homeless veterans	Online Event 10.30-12.00 GMT	Follow this link to register.
23 Feb 2023	Webinar: Building resilience – making the economic case for prevention The nation’s health is its most important asset. Good health enables individuals to contribute to their families, communities, and society, and is essential for a productive workforce and strong economy. Yet poor health is being exacerbated by rising cost of living and undermining the UK economy. The nation’s underlying ill health is now the primary reason for the rise in older workers being out of the labour market altogether. To ensure a stable economy and prosperous nation, whole-government attention needs to be paid to prevention by recognising the wider determinants of health that have a major impact on our health – employment, social security, and housing.	Online Event 11.30-12.45 GMT	Follow this link to register.
NEW 23 Feb 2023	Academic Public Health SIG Meeting - What does a high-impact public health journal look for in a submission Colleagues are invited to join us for this online event in which Dr Anika Knuppel, Senior Editor at the Lancet Public Health, will cover:	Online Event 12.00-13.00 GMT	Follow the link to register.

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	<p>1. 'Opening the curtains' on what happens at the Lancet PH after they receive a submission (through to post-publication support)</p> <p>2. What makes a good submission, and what to avoid</p> <p>3. Current trends in the types of paper typically submitted and published by the journal</p> <p>4. Q&A</p>		
<p>NEW 28 Feb 2023</p>	<p>Supporting people with mental health problems back into work</p> <p>In this webinar, organised by the National Inclusive and Sustainable Economies (NISE) Network in partnership with the LGA, we will explore how employment is beneficial for our mental health and how organisations can support people with mental health problems get back into work and stay in employment.</p>	<p>Online Event</p> <p>14.00-15.15 GMT</p>	<p>Follow this link to register.</p>
<p>NEW 1 Mar 2023</p>	<p>Local-authority action on climate change: what are our health research priorities</p>	<p>Online Event</p> <p>13.00-15.00 GMT</p>	<p>Follow this link to register.</p>

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

All our Health e-learning

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Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing
- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

Resources on Sustainable Development and Climate Change

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These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

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FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. Leading with Kindness and Compassion - Health & Social Care Course - FutureLearn	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. Tackling Public Health Issues: Concepts & Evidence - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	3 weeks, 2 hours per week. Available now.

UK Learns is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).