



## **Free Online Training Smoking Cessation: Very Brief Advice (VBA)**

**Wednesday 22 January, 2025 at 18:00-18:45**

### **Training is for:**

Anyone who wants to help others try to quit smoking: including volunteers, community health champions and programme co-ordinators, community, voluntary and faith organisations.

### **Reserve your space:**

<https://forms.office.com/e/xzFph9wUYM>

### **For more information contact:**

[ieva.smilingyte@newham.gov.uk](mailto:ieva.smilingyte@newham.gov.uk)



**Everyone who attends will receive an electronic certificate upon completion of the training.**