



Office for Health
Improvement
& Disparities

MAYOR OF LONDON



ADPH
London

Every Child A Healthier Weight Delivery Plan: A Progress Update

07 October 2024

Delivery Plan Progress in Numbers

38 actions
10 ambitions

81%
actions
complete

7
remaining
actions



Remaining Actions

AMBITION 2: Support Women to Breastfeed for Longer

Help establish clear referral pathways across the system (including tier 1, 2 and 3 weight management services as well as other digital offers) that is made accessible and available to midwives, health visitors and other allied health professionals locally using the results from Weight Management Service mapping exercise.

NHSEI, LAs, OHID

Due Date: 31.12.24

AMBITION 4: Use Child Measurement to Better Engage Parents

Scope opportunities for supporting families affected by overweight or obesity via social prescribing

ICS

Due Date: 31.12.24

AMBITION 4: Use Child Measurement to Better Engage Parents

Develop a consistent and clear pathway to evidence-based preventive advice on healthy living across the life course.

Weight Management Services:
(1) Monitored and evaluated in relation to a wide range of outcomes (2) Programmes are age cultural and language appropriate and incorporates digital technology (3) Services are accessible to people with additional needs.

NHSEI, LAs, ICS, OHID

Due Date: 31.12.24



Remaining Actions

AMBITION 5: Ensure all Nurseries and Schools are Enabling Health For Life

Promote healthy nutrition and a reduction in foods high in fat, salt, or sugar in schools and community settings.

Schools, local authorities and the NHS should ensure that nutritional content of food is clearly displayed to encourage healthy choices.

Healthy options should be prioritised in local authorities, the NHS and community settings

LAs, NHSEI

Due Date: 31.12.25

AMBITION 8: Stop Unhealthy Marketing the Influences What Children Buy

Ensure hospitals provide optimal healthy environments by rebalance advertising, sponsorship and sales food and drink.

NHSEI, ICS

Due Date: 31.12.25



GLA Updates

- As of August 2024, the 'Making London a London Living Wage City' programme reported 1,912 LLW employers accredited (57,930 uplifts) since September 2021
- In 2023-24, the Mayor has funded more than 43 million meals through his universal free school meals programme, providing families with a much needed safety net. For as long as Sadiq Khan is Mayor of London, there will be funding for universal free school meals in London's state primary schools. Some findings from evaluation partners will be shared in Autumn, with further findings coming in 2025.
- As part of the process to update the HSL and HEYL programmes, the GLA and delivery partner NCB have set up task and finish groups with borough leads to work on updates to specific areas of the programmes. These include groups on healthy eating, emotional and mental health, physical activity, PSHE, early years, childminders and the website.
- The Felix Project and Mayor's Fund for London delivered over 12.4m holiday and weekend meals to low-income families in 2023-24, far surpassing the programme's Year 1 delivery target of 10m meals.



NHS Updates

- London CEW Clinics submitting patient data for NIHR Evaluation
- CEW spoke clinic opened at Chelsea & Westminster hospital July 2024 for patients in Northwest London
- London Childhood Obesity Network held 12th August
- NHSE SEND/LDA team developing resources to support CYP in CEW who have SEND/learning disabilities/autism as research showing high levels of this population with excess weight
- GOSH CEW clinic supporting patients who attend special schools on a new SEND pathway – preliminary learnings presented at childhood obesity network



OHID Updates

- Dr Emily Emmott share research findings from Understanding the Healthy Lives of Families with Younger Children in London project, via webinar in July alongside Frameworks UK who focused on framing the conversation about childhood obesity.
- London Healthy weight before, during and after pregnancy workspace now on ADPH London's website.
- Community of Practice webinars and network meetings recently held and being arranged (see below)
 - Children's Healthy Weight 23rd July 2024
 - London Obesity Leads Network meeting – 25th September 2024
 - Healthy Start Training: Food Roots 2nd Citizen Advice – 8th October
 - NCMP and Children's Healthy Weight Pathways Webinar – TBA November



Ambition 1: Tackling Child Poverty & Promoting Supportive Environments

Action	Status	Due Date	Update
Work in partnership to ensure children and young people have access to healthy environments	Completed GLA, LAs, NHS, TfL	31.03.25	The Healthy Place, Healthy Weight mission has focused on making local environments healthier with the aim that by 2025 children, young people and families will find it easier to be active and eat healthier food where they live, learn, shop, work and play. The key initiative has been the expansion of the School Superzones programme across London which has resulted in 86 Superzone Schools across 28 boroughs.
Cost of Living Hub To help mitigate the effects of the cost of living crisis, the Mayor has provided £3.7 million additional funding for new work to help Londoners on low incomes understand their rights and entitlements and access support.	Complete & Closed GLA	31.12.22	Complete and launched Includes online benefit checker tool, and some other specific accessibility digital tools to help Londoners with more complex requirements and specific advice on childcare entitlements. Launched on 1 April 2022 and re-launched with a new intuitive design in October 2023. After redesign, the engagement rate of the hub increased significantly with users spending longer on each page.
Kitchen Social Under the Mayor's Fund for London's Kitchen Social programme, work is continuing to expand the network of delivery partners supporting the increase of meals and activities to children at risk of food insecurity in the capital.	Complete but work is ongoing GLA	30.04.25	See actions under Robust Safey Net mission

Ambition 1: Tackling Child Poverty & Promoting Supportive Environments

Action	Status	Due Date	Update
<p>Working with partners to advocate for : Universal free school meals Ensure the minimum wage in London is raised to London Living Wage levels Ensure social security in all forms provides protection against destitution Ensure Early Years childcare and education is affordable and accessible for families on low incomes Support an urgent review of universal free school scheme and to continue to advocate and follow the lead of those London boroughs already investing in universal provision for all primary school pupils. Calls are in line with those set out by the Food foundation and support to Marcus Rashford Campaign.</p>	<p>Completed</p> <p>GLA</p>	<p>21.12.24</p>	<p>The Mayor is allocating £140m in his 2024/25 budget to extend universal free school meals for another year from September, to continue to help families with the spiralling cost of living by ensuring that primary school children in London will receive free school meals.</p> <p>This will extend his unprecedented £135m programme which is currently helping to deliver meals to up to 287,000 children each day and has funded more than 32million meals between September and March.</p> <p>This extension is helping hundreds of thousands of children who don't qualify for Government help to receive the meals for another year – saving families up to £1,000 over the two years per child as they struggle with the cost-of-living crisis.</p> <p>The external evaluation of the programme is underway, funded by Impact on Urban Health and the Education Endowment Foundation; and the evaluation strategy for year 2 is currently in development. More information can be found here - Measuring the success of Universal Free School Meals London City Hall</p>
<p>London Living Wage The Mayor encourages London's employers to pay the London Living Wage and do more to support their employees with the cost of living through the Good Work Standard.</p>	<p>Completed although work is ongoing</p> <p>GLA</p>	<p>31.12.25</p>	<p>Work continues to champion the London Living wage. There are now over 3,900 accredited London employers, more than a six-fold increase since the Mayor took office in 2016. The Mayor co-chairs the 'Making London a Living Wage City' programme. As of August 2024, the programme reported 1,912 LLW employers (57,930 uplifts), accredited since September 2021. The programme includes a Health and Social Care Strand. As of August 2024, there are 172 LLW accredited employers (up from 89 in September 2021 when the action strand was formed) across health and social care in London (accounting for a total of 12,440 pay uplifts). This includes 27 fully accredited NHS Trusts and 32 organisations in primary care. The Mayor's Good Work Standard (GWS) has accredited over 155 employers and more than 260,000 people are employed by a GWS employer.</p>

Ambition 1: Tackling Child Poverty & Promoting Supportive Environments

Action	Status	Due Date	Update
<p>Work with Early Years settings, schools and colleges to improve the availability and quality of food provided, using Healthy schools, EY and colleges approaches and with reference to the Government Buying Standards e.g. providing support (contract templates etc.) to ensure retendering of catering in EY, school and college settings has improved nutritional value</p>	<p>Completed although work is ongoing</p> <p>GLA, LAs</p>	31.12.25	<p>Healthy eating is a key theme in the Healthy Early Years London (HEYL) and Healthy Schools London (HSL) programmes. This encourages settings and schools to support children by providing a healthy lunch and healthy snacks and water.</p> <p>We are currently working on refreshing the framework of both programmes. This process will be cocreated with borough leads and partners.</p> <p>As part of their grant conditions and principles for the Mayor's Universal Free School Meals programme, all London boroughs are asked to ensure that their schools meet the Government's School Food Standards.</p>
<p>Robust Safety net mission Support the Robust Safety net mission in enabling every Londoner to be able to access the support they need to prevent or alleviate financial hardship. This includes working with partners to increase the uptake of Healthy Start vouchers.</p>	<p>Completed although work is ongoing</p> <p>GLA</p>	31.12.25	<p><u>Funding to increase advice capacity</u> Advice in Community Settings programme, and Advice funding partnerships with Citizens Advice & London Legal Support Trust – two different models of advice funding to improve access to advice. Over £25 million in unclaimed entitlements been recovered for people who've engaged with the programme so far.</p> <p><u>Data-driven uptake campaigns</u> We are working with Policy in Practice and London Councils to take a data-driven targeted approach with older households identified as eligible but not claiming Pension Credit through council-held data. The first phase worked with 17 boroughs and resulted in 2165 new claims made, an average claim of just under £4K and total financial gain of around £9 million. The second phase worked with 23 boroughs and resulted in a further 1647 claims, and the total annual value of this take up is at nearly £7.3 million. The team are also working with PiP to pilot a similar data driven direct marketing approach for Healthy</p>

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Action	Status	Due Date	Update
<p>Robust Safety net mission Support the Robust Safety net mission in enabling every Londoner to be able to access the support they need to prevent or alleviate financial hardship. This includes working with partners to increase the uptake of Healthy Start vouchers.</p>	<p>Completed although work is ongoing.</p> <p>GLA</p>	<p>31.12.25</p>	<p><u>Food Roots Programme</u> This has run since 2021 and aims to help food partnerships across London to develop and embed more sustainable and resilient ways of working to better support food insecure Londoners, especially those who are forced to rely on emergency food aid. The current round of Food Roots funding is coming to the end of its initial 12-month delivery, but funding has been extended for a further 6 months. The programme has three elements:</p> <ul style="list-style-type: none"> • Direct grants available to new or existing food partnerships – 21 awarded, covering 22 boroughs • A learning support and mentoring programme. This includes specific training and support to partnerships to help them to increase the take up of Healthy Start in their communities, mentoring to increase the provision of wraparound support available in frontline settings, and support for organisations and partnerships to improve their financial sustainability • Independent evaluation of the programme <p><u>Mayor's Emergency Holiday Meals</u></p> <ul style="list-style-type: none"> • Working with the Mayor's Fund for London and The Felix Project to provide food for children and families in community settings during school holidays. Over 12.4m meals were delivered to low-income families over the school holidays and weekends in 2023-24 via a range of community settings including schools, libraries, adventure playgrounds and faith and community centres. • In Year 2, partners have delivered a total of 1,764,873 holiday meals so far, surpassing an indicative delivery target by 548,923 meals. • This means more than 15.3m holiday and weekend meals have been distributed by The Felix Project and Mayor's Fund for London via community organisations within their respective networks since the programme began in April 2023. They expect to distribute an estimated 3.7m more meals over the summer holidays. • Separately, through funding to expand its operational capacity to include weekend deliveries, The Felix Project has delivered 1,258,807 weekend meals in Quarter 1 of

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Ambition 1: Tackling Child Poverty & Promoting Supportive Environments

Action	Status	Due Date	Update
<p>Healthy Place, Healthy Weight mission Support the Healthy Place, Healthy Weight mission's work with convenience stores. Including supporting stores to increase their offer of healthy affordable food and increase acceptance of Healthy start vouchers.</p>	<p>Completed</p> <p>GLA, London Councils</p>	31.12.24	<p>Support was given to ten convenience stores in the Lambeth School Superzones in Oval/Vauxhall and Brixton Hill to increase the range and sales of healthier products, particularly those targeted at children such as snacks and soft drinks.</p> <p>The evaluation showed that all ten stores increased the number of healthier products they stocked. Nine out of the ten stores reported that sales of the healthier options increased. There was also increased promotion of healthy start vouchers, although we have not yet seen an increase in uptake.</p>

Ambition 2: Support Women to Breastfeed for Longer

Action	Status	Due Date	Update
Address maternal obesity by working with London Local Maternity Systems and scope out support needed to help the system in reducing maternal obesity in London	Completed & closed OHID, NHSEI, LAs	31.12.24	London Healthy Weight in pregnancy Workspace held on ADPH website. The workspace was created to bring together colleagues from across the health and maternity systems to help promote healthier pregnancies and improve outcomes for both mother and babies. The workspace can be found here - Obesity Network ADPH London
Help establish clear referral pathways across the system (including tier 1, 2 and 3 weight management services as well as other digital offers) that is made accessible and available to midwives, health visitors and other allied health professionals locally using the results from Weight Management Service mapping exercise	In progress NHSEI, LAs, OHID	31.12.24	No new update Tower Hamlets has a well mapped example of all weight management services " Child Healthy Weight Directory of Support Services This would be great to replicate across the capital. NWL ICS have previously mapped weight management services



Ambition 2: Support Women to Breastfeed for Longer

Action	Status	Due Date	Update
Ensure all pregnant women are booked for antenatal care to receive preventive advice and support but also ensuring women from the most deprived quintiles are targeted and prioritised	Status unknown NHSEI, ICS	31.12.24	No new update Meeting with Deputy Chief Midwife to be rescheduled
Work in partnership to develop clearer understanding of state of play of the UNICEF baby friendly initiative in London. Including creating baby friendly and breastfeeding environments including working with transport partners to make it more infant feeding friendly Action to support infant feeding, will be taken forward in partnership through Healthy, Place, Healthy Weight Mission	Completed GLA, LA, TfL	31.12.24	In 23/24, the GLA funded UNICEF UK to support eligible boroughs (those not in receipt on the government's Family Hub funding for breastfeeding services) to achieve or retain its BFI accreditation. This support has now been delivered. The GLA has also reached out to the wider GLA family including TfL, to establish where organisations are in terms of being 'baby-friendly'; and are exploring opportunities to strengthen the Good Work Standard's provision for those returning from maternity leave and do some awareness raising around breastfeeding support in the workplace e.g. a webinar or best practice case study.



Ambition 2: Support Women to Breastfeed for Longer

Action	Status	Due Date	Update
Support areas to become UNICEF UK Baby Friendly Initiative accredited in maternity and community services and ensuring that the standards are being met.	Completed and closed UNICEF UK, LAs	31.12.24	<p>In 23/24, the GLA funded UNICEF UK to support eligible boroughs (those not in receipt on the government's Family Hub funding for breastfeeding services) to achieve or retain its BFI accreditation. This has now been delivered, with 14 boroughs benefitting from <u>at least one</u> the sessions below:</p> <ul style="list-style-type: none"> • One-day course for local authority leaders. This took in October 2023 attended by 11 attendees across 7 eligible boroughs. • General information session which took place in October 2023 attended by 15 attendees across 11 eligible boroughs. • Planning meetings - these are one-day planning meetings, bespoke to each borough. 9 eligible boroughs benefited from a planning meeting. • 5-day courses - 2 types of these 5-day courses were offered, one for health professionals and one for early years professionals. 15 individuals benefited in total.
Promotion of local e-learning resources to support the implementation of healthy weight messaging for relevant professionals in collaboration with the London Obesity Leads Network, Local Maternity Systems and the multi-disciplinary Obesity Clinical Network	Completed and closed OHID, LAs, NHSEI	31.12.23	<p><u>New Healthy Weight Coach elearning programme now available - elearning for healthcare (e-lfh.org.uk)</u></p> <p>Training being offered by the CEW clinics to support healthcare professionals first session by youth worker and Barts team in October, Kings and GOSH to run sessions in the new year</p> <p>Childhood obesity clinical network being held quarterly with shared learning and best practice. Met 13th May.</p>

Ambition 2: Support Women to Breastfeed for Longer

Action	Status	Due Date	Update
<p>Improve data monitoring by: Exploring approaches for robust data collection of breastfeeding status at 6-8 weeks and supporting.</p>	<p>Completed & closed</p> <p>OHID, LAs</p>	31.12.24	<p>Breastfeeding webinar held in to help support local areas with increasing uptake. Webinar is available here: https://youtu.be/PUkz8Vroidc</p> <p>Systems are transitioning to reporting on community data services data set and series of data reconciliation webinars completed. Breastfeeding Data Quality Improvement Toolkit created in June 2023</p>
<p>Healthy Place, Healthy Weight mission</p> <p>To collect insights into the challenges London mothers face when breastfeeding and what support is needed.</p>	<p>Completed & closed</p> <p>GLA, London Councils, NHSEI, LAs, OHID, ADPHL</p>	31.12.22	<p>The Support for Breastfeeding report was completed, which included case studies on good practice, insight work with mothers in two boroughs and a review of the obstacles to effective data collection. An event was held in December 2022 for commissioners and practitioners to identify the key actions and support required to maintain and increase breastfeeding across London.</p>

Ambition 3: Skill Up Early Years Professionals

Action	Status	Due Date	Update
<p>Healthy Early Years London</p> <p>In light of the pandemic's impact on young Londoners the GLA will work with partners to review and update the Healthy Early Years programme. The programme is a key vehicle to share best practice and encourage discussion on a range of topics including:</p> <p>Potential training needs of the early years workforce to enable them to support young children and their parents in maintaining a healthy weight.</p> <p>Supporting diverse communities in a culturally sensitive way when discussing health and weight</p>	<p>Completed although work continues</p> <p>GLA via HEYL network</p>	31.12.25	<p>The GLA continue to work with NCB to support schools and early years settings across London to engage with the HEYL and HSL programmes.</p> <p>The programme is undergoing a refresh; to support this process an intensive engagement phase took place from January – March 2024. This phase included a number of workshops with Borough leads delivering the programme locally.</p> <p>The GLA and NCB will take forward a programme of implementation to update the HSL and HEYL programmes from September 2024 with the updates fully implemented by September 2025.</p> <p>In the lead-up to the implementation date, task and finish groups involving borough leads have been set up to discuss and provide feedback on specific areas of the programme and website. This includes support for childminders and smaller early years setting. There will be short-term high-impact updates to the HEYL programme that will be implemented ahead of September 2024, with the rest of the programme completed by May 2025, to allow for testing and time for partners to familiarise themselves with the updates ahead of full implementation by September 2025.</p>
<p>Work with local authorities to enable early years professionals to signpost families to parental programmes or weight management services available in their area</p>	<p>In progress</p> <p>OHID, ADPHL</p>	31.12.24	<p>Shared weight management services via MECC link with GLA colleagues for distribution in Early Years newsletter</p>

Ambition 4: Use Child Measurement to Better Engage Parents

Action	Status	Due Date	Update
Develop a clear picture of what Weight Management support is available to families in London	Complete & closed OHID	31.12.22	Request sent to all boroughs to ensure there are up to date entries on MECC Link London - https://www.mecclink.co.uk/london/healthy-diet-and-healthy-weight/ Follow up request sent to borough leads to ensure this was complete by end of 2022.
Work with families to understand the support that they would like to receive / be offered if their child is identified through NCMP as being affected by overweight or obesity – work undertaken pre-COVID-19 options to review/refresh findings and discuss next steps	Complete & closed OHID, LAs	31.12.24	OHID researcher in residence Dr Emily Emmott, has now completed this work and shared her findings in a webinar on 23rd July 2024 . Emily will also be disseminating her findings in a written report and potentially a paper with LA specific data shared with local leads.
Scope opportunities for supporting families affected by overweight or obesity via social prescribing	In progress ICS	31.12.24	No New Update. NHSE working with Transformation Partners in Health and Care on generic CYP social prescribing offer, links through youth workers embedded in CEW clinics.
Develop a consistent and clear pathway to evidence-based preventive advice on healthy living across the life course. Weight Management Services: (1) Monitored and evaluated in relation to a wide range of outcomes (2) Programmes are age cultural and language appropriate and incorporates digital technology (3) Services are accessible to people with additional needs.	In Progress LA, NHSEI, ICS, OHID	31.12.24	CEW Health equity audit being undertaken to assess access across capital to be published by October 2024. London Childhood Obesity Network facilitating conversations between Tier 2, 3 and 4 weight management services for CYP. London CEW Clinics submitting data for National evaluation of the pilots.

Ambition 5: Ensure all Nurseries and Schools are Enabling Health for Life

Action	Status	Due Date	Update
<p>Healthy Early Years London Ensure all London early years settings are encouraged to sign up to the HEYL scheme and progress towards achieving Bronze, Silver and Gold awards. Monitoring of the Programme will continue with a focus on increasing engagement with early years settings.</p>	<p>Completed although work continues</p> <p>GLA, LA</p>	31.12.25	<p>The GLA continues to work with NCB as their delivery partner to support schools and early years settings across London to engage with the HEYL and HSL programmes.</p> <p>The programme is undergoing a refresh; to support this process an intensive engagement phase took place from January – March 2024. This phase included a number of workshops with Borough leads delivering the programme locally.</p> <p>The GLA and NCB will take forward a programme of implementation to update the HSL and HEYL programmes from September 2024 with the updates fully implemented by September 2025.</p>
<p>Healthy Schools London Support the Healthy Schools London (HSL) scheme and encourage schools in London to taking multi-level action to supporting their pupils' health and wellbeing. This will include: Using the network to promote opportunities for implementing whole-school approaches e.g. school garden projects, opening up facilities, School or Play Streets or Daily Mile. Support schools in incorporating healthy eating and living as part of the statutory Relationships, Sex, and Health education (RSHE) curriculum including sugar free learning spaces Using existing partnerships and networks to share best practice as part of a broad review of the programme</p>	<p>Completed although work continues</p> <p>GLA via HSL, LA with support from</p>	31.12.25	As above

Ambition 5: Ensure all Nurseries and School are Enabling Health for Life

Action	Status	Due Date	Update
<p>School Superzones Launch the School Superzones brochure and support local authorities in developing this work in their area. Grants programme to be delivered under the Healthy Place, Healthy Weight recovery mission to support Superzones expansion.</p>	<p>Completed although Superzones are ongoing</p> <p>GLA, OHID</p>	31.03.25	<p>This received investment of £1.9m from 2022-2024 resulting in 86 Superzone Schools across 28 boroughs.</p> <p>A wide range of interventions are taking place to tackle key health determinants such as active travel, air quality, access to green spaces and the food and drink environment.</p> <p>An event took place in March to celebrate the achievements of the School Superzones programme and allow boroughs to share learning on the wide range of work taking place.</p> <p>The programme is being evaluated by architects, Hawkins Brown, with input from Imperial College and Queen Mary University. An interim evaluation has produced early learning and findings, based on primary research from 15 of the 23 grant programmes comprising 28 schools. Overall, the programme is viewed by participating boroughs as highly successful and appears to be making good progress against its strategic aims and objectives. The full evaluation will be completed by the end of the year.</p>
<p>Promote healthy nutrition and a reduction in foods high in fat, salt, or sugar in schools and community settings.</p> <p>Schools, local authorities and the NHS should ensure that nutritional content of food is clearly displayed to encourage healthy choices.</p> <p>Healthy options should be prioritised in local authorities, the NHS and community settings</p>	<p>In Progress</p> <p>LAs, NHS</p>	31.12.25	No update

Ambition 6: Make Free ‘London water’ Available Everywhere

Action	Status	Due Date	Update
<p>Healthy Place, Healthy Weight mission Encourage the implementation of Water Only School toolkit for primary schools and set up monitoring of uptake For every LA to have at least one water only primary school</p>	<p>Completed</p> <p>GLA, ADPHL and OHID</p>	31.12.24	<p>32 of London's 33 boroughs have at least one water-only school.</p> <p>On going engagement with schools, early years settings and borough leads is underway through the Health Schools London and Healthy Early years networks. Engagement provides an opportunity to gain local insight into uptake of the policy and opportunities to promote it.</p> <p>The GLA continue to engage with HSL and HEYL borough leads and scope opportunities to promote the policy through termly learn and shares, networks meetings and peer to peer support offers.</p>
<p>Co-produce water only schools toolkit for secondary schools with key stakeholders such as young people and teachers to ensure they are relevant to them Ensure uptake is monitored and the scheme is evaluated Making sure that the toolkit is being promoted with schools <u>Pilot two water only secondary schools to understand the barriers and facilitators to implementation and share examples of good practice</u></p>	<p>Completed</p> <p>OHID, NHSEI, GLA, Las, DfE</p>	31.12.24	<p>Work is ongoing between QMUL and the GLA to disseminate findings of the rapid policy review to existing networks. Further opportunities will be scoped through the Healthy schools Network.</p> <p>The GLA continues to work with NCB to embed the water only school's policy into the refreshed Healthy schools London framework. This includes reviewing opportunities to monitor uptake of the policy through the new HSL website rebuild.</p>
<p>Working with Thames water to gift water fountains to 20 London schools</p>	<p>Completed & Closed</p> <p>GLA</p>	31.12.22	<p>Forty water fountains were installed in schools in disadvantaged areas funded by the GLA and Thames Water.</p>



Ambition 7: Create More Active, Playful Streets and Public Spaces

Action	Status	Due Date	Update
Support local authorities in implementing whole-systems approaches to tackling obesity including promoting the Whole systems approach to obesity guide (incl. aligning healthy weight strategies with planning policies and decisions) and sharing learning and best practice via the LOLN	Completed & closed GLA, LA, OHID, NHSEI, ADPHL, ICS	31.12.23	<p>In 2022/23 the GLA, NHS and OHID supported 7 boroughs and 3 ICBs to put local communities at the heart of a whole systems approach to tackling obesity. Work included engagement with disadvantaged communities, mapping the local system, action planning and a community of practice network to share learning.</p> <p>Quarterly ADPH/OHID webinars supporting whole systems work were delivered in 22/23 with more planned for 24/25</p> <ol style="list-style-type: none"> 1. Whole Systems Children’s Weight Webinar – Supporting children (and their families) to achieve and maintain a healthy weight 20th June 2022 2. OHID Whole System Approach webinar 3rd October 2022 3. Food Experience Webinar 23rd January 2023 4. Hounslow Whole Systems Webinar 12th June 2023 5. Camden & Islington Whole System Webinar 10th July 2023 6. Where are we up to with whole systems approaches in public health? 17th July 2023 7. Exploring GLP-1 Agonists: From Mechanism to Management 22nd February 2024 8. Improving Breastfeeding Uptake Webinar 25th April 2024
Through the High Streets for All Challenge fund areas are encouraged to explore innovative ways to support active travel and healthy streets	In progress GLA, London Councils	31.12.25	18 out of 22 Stage 3 projects are complete. A revamped High Street Network will provide a forum for learning and knowledge exchange across our Local Authority delivery partners. The programme will begin in autumn and aims to mainstream best practice quickly across London.

Ambition 8: Stop Unhealthy Marketing that Influences What Children Buy

Action	Status	Due Date	Update
<p>Support and promote the implementation of Healthier Food Advertising policies which includes restrictions on advertising food that are high in fat, sugar and salt (HFSS)</p> <p>Deliver a webinar to share outcomes of the policy evaluation with Local authorities, promote the toolkit and share best practice.</p>	<p>Completed and closed</p> <p>ADPHL, GLA (funding to Sustain), LOLN</p>	31.12.2023	<p>Engagement took place with Directors of Public Health to generate interest in these policies, which also included webinars, workshops and one to one meetings with boroughs. Boroughs were also offered specialist technical support.</p> <p>Three London boroughs implemented healthier advertising policies over the course of this work - Tower Hamlets, Havering and Newham - bringing the total number of boroughs with these policies to seven.</p>
<p>Healthy Place, Healthy Weight mission</p> <p>Under the Healthy Place, Healthy Weight recovery mission, consider extension of the current policy to include additional settings and products such as sponsorship and sales food and drink at sports & major cultural events towards more healthy options</p> <p>Scoping to follow the external impact analysis publication</p>	<p>Completed</p> <p>GLA with technical input from OHID, LA, London Sport, London Councils</p>	31.12.25	<p>Work took place to look at the potential for extending the TfL advertising restrictions to other GLA sites. However, no sites were identified at this time.</p>
<p>Ensure hospitals provide optimal healthy environments by rebalance advertising, sponsorship and sales food and drink</p>	<p>In progress</p> <p>NHSEI, ICS</p>	31.12.25	<p>Draft of UCLP's Nourishing Sustainability in the NHS report shared. Shared suggestion for dissemination of the report. Report to be shared with ICB colleagues working on sustainability, Anchor Institutions Network and the Food Foundation.</p>



Ambition 9 & 10: Transform Fast-Food Business & Fund Good-Food Innovation and Entrepreneurs in London

Action	Status	Due Date	Update
<p>Healthy Place, Healthy Weight recovery mission</p> <p>Through the Healthy Place, Healthy Weight recovery mission, continue to support take up of the Healthier Catering Commitment scheme to help caterers and food businesses make simple, healthy improvements to their food</p>	<p>Completed although work is ongoing.</p> <p>GLA and LAs</p>	31.12.24	<p>In 2023/24 550 businesses across London gained HCC accreditation.</p> <p>The London Association of Environmental Health Managers (ALEHM) is supporting local authorities with resources to promote the scheme, training, a knowledge hub and regular meetings.</p> <p>Core work continues with food businesses to increase participation in the scheme. This includes provision of free food hygiene training places as an incentive to engage with the scheme as well as wider marketing opportunities to help businesses extend their customer base.</p>

