

Event Round Up – Mentally Healthier Council Network – London Launch and National Celebration

Dear colleagues,

Thank you for attending our London launch and national celebration of the Mentally Healthier Councils Network on Tuesday 23 July. We had a jam-packed agenda and really appreciated your engagement throughout the event.

A special thanks to our speakers, all of whom shared valuable insights from a range of experiences. Over the course of the evening several resources were referred to. Please see the list below and the attachments for links and resources, including a slide dec of the presentations from the evening.

We would really value your feedback from the event and the wider Network activities. We discussed our plans to produce a document of mentally healthier policies for local councils, to host a new webinar series, and to build an accreditation scheme for local authorities to become accredited as mentally healthier councils. You can share your thoughts on these ideas in the [feedback form](#), as well as your thoughts on our activities from the last year. The form takes 5 minutes to complete, and we welcome everyone's insights.

[Complete the feedback form](#) - to have your say in the activities for the year ahead

[Sign up to our newsletter](#): - to hear about our next webinar series focussing on the wider determinants of health

Resources:

- [Please see presentation slides from the evening](#)
- Watch the other regional launches on our [youtube channel](#)
- Read more on the Patient and Carer Race Equality Framework [here](#), including a [blog](#) by Dr Jacqui Dyer
- Download Dr Ron Dodzro's book, 'Life of a Top Boy' [here](#)
- Health Foundation [Local Government Roundups](#)
- Stockport's [Mental Health and Wellbeing JSNA](#), presented by Jilla Burgess-Allen
- [Thrive LDN's information on training offers](#)
- Callum's new guidance on Joint Strategic Needs Assessments will be published by Centre for Mental Health – publication will be included in our newsletter, [sign up here](#)

Local councils are responsible for places and services critical to people's safety, health and wellbeing – and are therefore one of the most important influencers of people's mental health; Thank you for coming along to our event and being a part of this community. We look forward to building a mentally healthier nation together.

If you have any questions or would like to discuss any part of the event further please get in touch by replying to this email or reaching out on bethan.bottomley@centreformentalhealth.org.uk

Many thanks & all the best,

Bethan

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