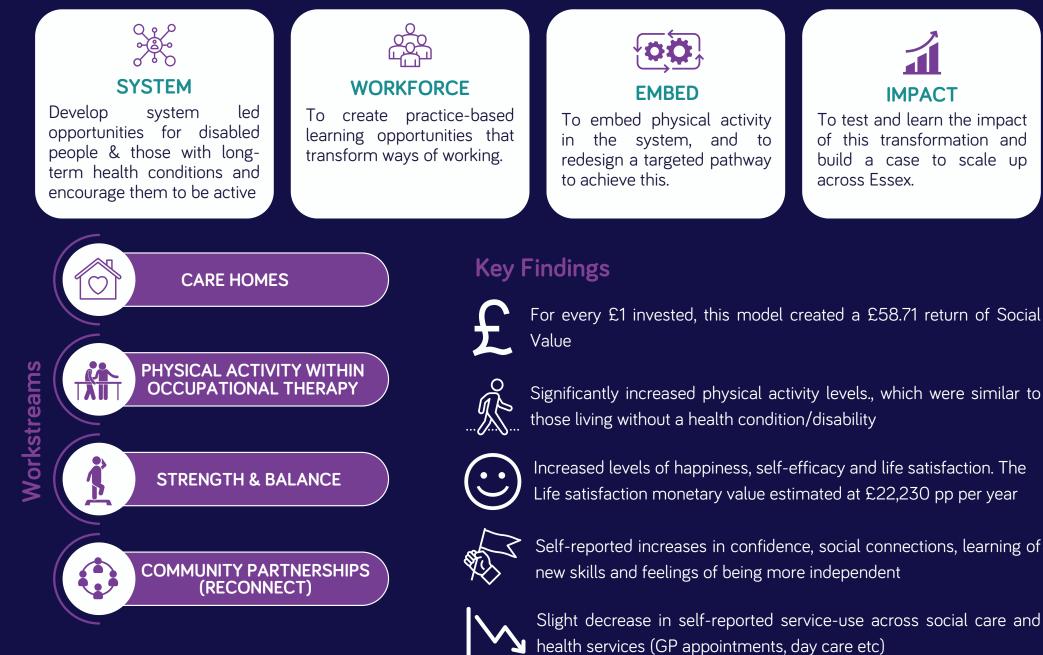
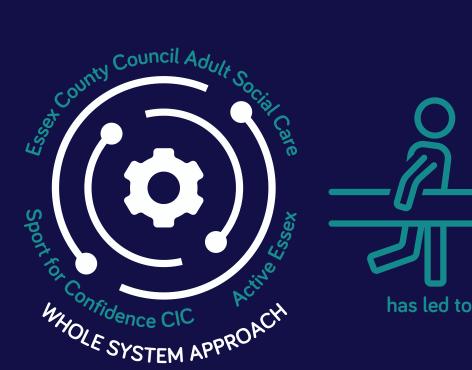
## The Prevention and Enablement Model (PEM)

Hardwiring physical activity into health and social care, to help improve the lives of people living with disabilities and/or long-term health conditions.



## Objectives





Strengthened relationships with third sector partners

Further opportunities, such as an integrated falls prevention programme, and inclusive sessions in leisure centres

Local authorities, NHS, care homes and the Provider Quality Innovation team, have all benefitted Better understanding the system, leverage points, facilitative leadership and organisations having a shared vision.

Being able to engage with 1000 participants every month Shared resources and skills have meant a more holistic approach has been taken, compared to working in silos.