Peer support

The Peer Support scheme has been a long-standing element of ADPH membership and it is available to all members. Its purpose is to match members with colleagues from across geographies who might face similar types of issues. This scheme does not involve any formal training or specifications around time commitment required. Rather than being based on guiding and mentoring, it relies on mutual support through sharing experiences and challenges in a safe environment and on flexible terms.

How it works

ADPH collects applications from interested members and matches them with colleagues based on their preference where possible. After an introductory email, it is up to both participants to set the expectations of the relationship and to arrange meetings or teleconferences.

Eligibility

All Full, Affiliate and Associate members.

How to enrol

To join our Peer Support scheme, please email us at enquiries@adph.org.uk.

Exchange visits

These one-off visits are a good development opportunity for those DsPH who cannot commit to a longer-term supportive relationship or for other reasons do not wish to participate in the Peer Support scheme. These shadowing visits are organised on a voluntary basis and they combine a hands-on learning experience with an opportunity to receive peer feedback. A big benefit of this support element is that it offers an opportunity to gather a wide range of experience from a number of different colleagues.

How it works

ADPH collects applications from interested members and matches them with colleagues based on their preference where possible. After an introductory email, it is up to both participants to arrange the visits at their convience.

Eligibility

All Full, Affiliate and Associate members.

How to enrol

To join our Exchange visits scheme, please email us at enquiries@adph.org.uk.

Mentoring

ADPH is currently working with PHE on the delivery of a mentoring scheme to new-in-post DsPH and we hope to be able to extend this offer to aspiring DsPH. The purpose of this scheme is to match DsPH who have only recently been appointed to their role with their more experienced colleagues. The scheme will involve training for interested DsPH who wish to serve as mentors. The training session for the first cohort of mentors is scheduled for 14th July with further sessions potentially available in the autumn.

How it works

ADPH encourages all eligible DsPH to sign up for the scheme. Upon completion of the training with elements of coaching the mentors will be matched to mentees based on an indicated set of criteria and preference. Both mentees and mentors will be expected to commit to a certain number of hours over the period of one year.

Eligibility

Mentors: Full members with at least 3 years of experience in a substantive DPH post who are able to complete the mentoring training.
Mentees: Full members with at most 2 years of experience in a DPH post.

How to enrol

To join the Mentoring scheme, please email us at enquiries@adph.org.uk.

Wider support offer

ADPH is currently working with PHE to scope out the wider offer of support for all ADPH members including new-in-post DsPH, experienced DsPH as well as Associate members aspring to become a DPH in the near future. This work involves consultation with interested members with the main conversation taking place during our Policy Workshop on the 18th May. We encourage all Full members to share their thoughts about the current support needs.

To provide your feedback please call 020 7832 6944 or email us at enquiries@adph.org.uk.

Developmental events

ADPH runs a number of events throughout the year providing our members an opportunity to connect with each other while exploring pertinent Public Health topics. The recurring events are:

- ADPH Annual Conference;
- ADPH Policy Workshop;
- ADPH / LGA Conference;
- ADPH / CMO developmental event;
- Masterclasses and webinars.

We are now planning the programme of masterclasses and workshops for the coming year and would welcome your suggestions for topics to cover. To share your thoughts, please email us at enquiries@adph.org.uk.

Thematic support networks

We believe that learning and development is best facilitated through a strong network of specialists who can share knowledge and build on each other's expertise. For this reason, we make efforts to strengthen the links of DsPH, be it regional or thematic, by offering a range of face-to-face events and teleconferences throughout the year.

In addition to policy based groups, currently active networks include:

- DsPH from two-tier counties;
- DsPH with responsibilities for social care;
- Joint DPH appointments;
- DsPH who have an Accountable Care Organisation on their patch;
- Public health staff in areas taking part in the Healthy New Towns programme.

If you are interested in joining any of the above networks or would like to suggest another thematic network, please contact us at enquiries@adph.org.uk.

ADPH Support Offer
For Directors of Public Health

Development for Directors of Public Health has been part of the ADPH mission for the past 160 years. Now, in this period of change and constraint, support for DsPH is a crucial element of the ADPH Business Plan 2017-2020.

We believe that this is best facilitated through a strong network of specialists who can share knowledge and build on the expertise of one another. For this reason, we make efforts to strengthen DPH links, be it regional or thematic, by offering a range of face-to-face events and teleconferences throughout the year. Our online platform offers instant access to a wealth of resources on Public Health and an opportunity to exchange ideas with fellow professionals, whilst our peer mentoring scheme helps to facilitate professional exchange and support career progression for DPH.

This leaflet provides more information on support elements already available and welcomes your thoughts about further support needs of ADPH members.

If you have any questions or comments regarding the offer of support for Directors of Public Health please contact us at enquiries@adph.org.uk